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# KACCH Board of Directors
- Chairman Dr Hilal Al Sayer
- Vice Chairman Dr Qais Al Duwairi
- Treasurer Mr Diraar Alghanim
- Vice Treasurer Mr Issam Al Bahar
- Secretary Professor Farida Al Awadi
- Member Professor Abdullah Behbehani
- Member Dr Sadad Sabri Al Ozairi
- Member Dr Reem Al Sabah
- Member Mr Hamad Al Sagar
- Member Dr Qusay Al Saleh
- Founding Director Mrs Margaret Al Sayer
- Ex Officio Mr Souham El Harati

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- Deputy Director Mrs Lamia Al Abdulkareem
- Treasurer Mrs Hayfa Al Mughni
- Social Secretary Mrs Christine Shaban
  - Ms Rabia Al Issa
  - Mrs Suad Almuffarij
  - Sheikha Intisar Al Sabah
  - Mrs Altaf Sultan
  - Mrs Kim Al Yousifi

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- Mr Emad Al Bahar
- Mr Issam Al Bahar
- Professor Abdulatif Al Bader
- Professor Abdullah Behbehani
  - Dr Qais Al Duwairi
  - Mr Khaled Al Mutairi
  - Mr Waleed Al Nisf
  - Dr Hilal Al Sayer
  - Mr Nasser Al Sayer

# Founding Sponsors
- Mr Tareq Bader Al Salem Al Mutawa
  - for the late Mr Bader Al Salem Al Abdulwahab
- Mr Abdullah Alshaya
- Professor Farida Al Awadi
- Mr Emad Al Bahar
- Mr Issam Al Bahar &
  - for the late Mr Mohammed Al Bahar
- Mr Sabah Al Ghunaim
  - for the late Mrs Wadha Al Mughni
- Mr Isam Al Sager
  - for the late Mr Abdulaziz Al Sager
- Musa’ed Abdullah Al Sayer & Sons
- Mr Nasser Al Sayer

# BACCH/KACCH Management
- CEO BACCH Mrs Rasha Al Hamad
- Deputy Director KACCH Ms Banafsheh Azizi
Dear Friends

I wonder how many of you know that the title of our Association, Kuwait Association for the Care of Children in Hospital (KACCH), was based on that of the American Association for the Care of Children in Hospital (ACCH), which was founded in the US in 1967.

In 1989 our Founding Director contacted Peg Belson who was the Patron and a Founding Member of the National Association for the Welfare of Children in Hospital (NAWCH) in London. Peg had worked with many of the Founding members of ACCH as they developed the first academic curricula in Child Life in Universities in the US and was familiar with the development of hospital play programmes in both the US and UK.

Peg was passionate about raising awareness of the importance of play for children in hospitals across the globe. She readily agreed to come to Kuwait to help establish the professional development of our play programmes, and over a weekend at our chalet wrote the initial curriculum for the one-year post-grad Certificate in Child Life that was offered by Kuwait University Faculty of Allied Health Sciences in 1995 to 2003. The first cohort of Child Life Specialists graduated in Kuwait 1996.

Peg introduced KACCH to many of the international experts in Child Life who, through an agreement with the Ministry of Health, visited Kuwait regularly to examine our students, give lectures and continuing education to our staff, and who directly influenced and informed not only the development of the profession of Child Life in Kuwait but also the concept and development of Bayt Abdullah Children's Hospice (BACCH).

Due to the effective teaching of these experts and the generosity and foresight of our Child Life Sponsors, KACCH continues to operate a well functioning and world recognised Child Life programme in six government hospitals, which have given psychosocial support to over 50,000 children and their families throughout 2015. In fact, Kuwait is one of only 8 countries worldwide named in the American Academy of Paediatrics Policy Statement on Child Life Services, which states that:

“The provision of child life services is a quality benchmark of an integrated patient-and-family centred health care system, a recommended component of medical education, and an indicator of excellence in paediatric care”

To ensure that we continue to be an indicator of excellence we have worked throughout 2015 to develop our services and educate our staff with the support of the Ministry of Health and the Faculty of Medicine.

In June 2015, the Former President of the Child Life Council, Chris Brown MS, CCLS, returned to Kuwait for 2 weeks to give lectures and assess the KACCH and BACCH programmes, in addition to giving presentations on aspects of Child Life and Patient-Centred Care to paediatricians at the Amiri hospital and the Faculty of Medicine.

KACCH also benefitted from the visit of Dr Joan Tuner who was invited by Kuwait University
to advise on the preparation for the forthcoming Master’s Degree in Child Life which will be offered by the University in 2017.

Following the success of 5 of our Play Leaders who sat for a distance learning Nursery Nurse Diploma last year, 6 more Play Leaders have enrolled on the course this year, and 3 of our Senior Child Life Specialists have enrolled on a pre Child Life certification course to prepare for the CLS certification exam in November 2016. Their certification is necessary for them to qualify to supervise the student practicums which will be part of the Master's programme when it starts in 2017.

On a different note, I would like to take this opportunity to welcome Banafsheh Azizi who joined KACCH as Deputy Director in September 2015 and is already making a difference in the organisation, supervision and management of the staff and play programmes in the hospitals. Banafsheh is working with each member of staff to identify their career goals and ensuring they are on the right path to achieving them. She is also updating policies and procedures and is paving the way to initiate a number of local research projects that will help to establish an evidence base to validate the work of our child life specialists in our hospitals in Kuwait.

In November 2015 our Founding Director was invited to participate in an International workshop in Rome to define the essence of Paediatric Palliative Care for children and their families. The two-day event culminated in the signing of a Charter stating the rights of all children with life-limiting or life-threatening conditions to receive paediatric palliative care, and was endorsed by representatives of the major world religions including Islam, international experts on the rights of the child, experts in the delivery of paediatric palliative care services and representatives of children living with life-limiting or life-threatening conditions.

Following the signing of the Rome Charter, Margaret and myself flew into Dubai on November 14th to receive the Takreem Award for Special Achievement for establishing KACCH and BACCH, which we humbly accepted on behalf of the children of Kuwait, and with thanks to His Highness the Amir, the KACCH Board and Executive Committee, KACCH Sponsors of the Child Life Programmes, KACCH and BACCH Donors, including the schools, banks, businesses, individuals, institutions, and the many individuals who gave their time, their money, their skills and sometimes their blood, sweat and tears to establish the play programmes in Kuwait’s hospitals and make the dream of a children’s hospice in Kuwait a reality. Last but not least, thank you too to the many staff over the many years who have been employed by KACCH and BACCH and worked hard in the hospital wards and offices to manage, supervise, organise and deliver the child life and paediatric palliative care services, and the many devoted and dedicated volunteers who support them.

Thank you.
Our Mission
Kuwait Association for the Care of Children in Hospital (KACCH) advocates for the provision of optimal conditions for children and their families in hospital, in order to reduce the adverse effects of hospitalisation on their development and well-being.

Our Philosophy
We believe in upholding the rights of the child as declared in the UN charter of 1989, to which Kuwait is a signatory that states that it is the right of every child to receive expert health care delivered, whenever possible, by paediatric trained physicians and nurses, within family-centred, child-friendly facilities. We also support the recent declaration of the WHO which states that palliative care is a basic human right for all children with life-limiting and life-threatening conditions, and the Rome Charter of 2015 which confirms the above rights and which is additionally supported by signatories representing the major religions of the world, including Islam.

Our Objectives
- To minimise the stressful impact of hospitalisation and illness on the child and family in hospital.
- To facilitate optimal growth and development of the child.
- To prepare children and families for their health care experiences.
- To communicate effectively with other members of the health care team.
- To ensure the continuity and development of the Child Life programme within health care settings in Kuwait.
- To share expertise and co-operate with international and regional organisations.
- To recognise when hospital is not the optimum health care setting for the child and to advocate for the provision of paediatric palliative care at home or in a children’s hospice, so that parents can choose how and where their child with life-limiting or life-threatening conditions is treated.
Compassion
Delivering care that goes beyond empathy and embraces "intelligent kindness".

Integrity
Adhering to the highest ethical and moral principles and professional standards and being accountable for personal behaviour at all times.

Respect
Acknowledging and responding to the rights and dignity of patients and their families and always, respecting yourself.

Trust
Acting with honesty and transparency, maintaining truth in actions and interactions.

Professionalism
Creating a positive working environment through team work and collaboration by supporting and respecting the efforts of every dedicated team member.
Modern medicine now widely accepts that the emotional needs of patients directly impact their responses to treatment and recovery. Over thirty years ago, leading American and British paediatricians made observations of children's recovery, which led to the development of a new healthcare profession. Members of this new profession were trained to give psychosocial and emotional support to children and their families in hospital. Those newly qualified professionals were called Child Life Specialists in the United States and Hospital Play Specialists in the United Kingdom.

The goal of a Child Life Programme is to minimise the stress and anxiety associated with a hospital stay for a patient and their family. Led by Child Life Specialists, Child Life Programmes offer a variety of services which include:

- Preparing children for medical procedures or treatment using language that children understand.
- Introducing coping strategies to help reduce anxiety and enhance co-operation between patients and the health care team.
- Providing support and distraction during medical procedures.
- Offering opportunities for play and expressive activities, to encourage normal development and a sense of FUN in spite of challenging circumstances.
- Promoting family-centred care by providing information, advocacy and support to families of paediatric patients.
The Child Life Specialists employed by KACCH have become integral members of paediatric teams at hospitals in Kuwait, helping children and their families through the hospital experience and allowing children to express their feelings through the universal language of children, PLAY.

KACCH Child Life

KACCH operates Child Life programmes in six government hospitals across Kuwait. They are organised by Child Life Specialists (CLS) who assess the emotional and developmental needs of the children and plan interventions using play materials to meet their individual requirements. They encourage parents to understand their children’s illnesses and treatments and to be involved in their care, and give emotional support to the child and family by allowing them to express their feelings in a safe and supportive environment.

Each Child Life Programme is supported by Play Leaders who provide developmentally appropriate play to normalise the environment for children attending hospital. They maintain a safe child-focused environment where play occurs naturally, organise daily play, art and craft activities in the hospital playroom or at the child’s bedside; provide activities to help children reach developmental goals; help children master and cope with anxieties and other negative feelings and organise parties and special events to maintain the children’s contact with home, school and the community.
Why Medical Play is Important
Medical play is used as a teaching tool to rehearse medical procedures and diagnoses. Through medical play, children have the opportunity to give voice to fears and misconceptions about their hospital experience that they may not be able to express verbally.

Why Distraction Play is Important
Distraction play gives children something to focus on and is an especially effective way to minimise anxiety. A variety of methods and resources such as blowing bubbles, playing with puppets, reading books, listening to music, using guided imagery and other relaxation techniques are some of the interventions we use to support the child during painful and uncomfortable treatments and procedures.

Why Developmental Play is Important
Research has shown that hospitalisation can have a negative influence on a child’s growth and development and can sometimes lead to a child’s behaviour regressing. Providing opportunities for appropriate developmental play enables the child to feel secure, reducing the negative impact of the hospital environment.
Why Therapeutic Play is Important

Therapeutic Play:
- Helps the child cope with the unfamiliar hospital environment
- Increases the child’s understanding of their hospitalisation and treatment
- Promotes a sense of control, mastery and positive self-concept
- Facilitates self-expression

Some techniques used include open ended play, messy play, free painting, sand and water play, arts and crafts and blowing bubbles.
Making a Difference
The KACCH team at Al Amiri Hospital is led by 1 Senior Child Life Specialist who is supported by 3 Play Leaders. Services are provided in: Paediatric Wards 14 and 15, Out Patient Department, Casualty, Al Thunayan Alghanim Center and Nuclear Medicine and Imaging Department.

Meeting the Challenge
After being transferred from Adan Hospital’s Intensive Care Unit, a 10-year old girl with an immune deficiency disease was admitted with severe pneumonia to Al Amiri Hospital. During her hospital stay, she was physically very tired and weak and consistently had a high fever which required her to be isolated from other patients. In the isolation room she had little to no contact with other patients and felt cut off from her friends and family.

Even though she was admitted into the isolation room, the Child Life Specialist was committed to building a therapeutic and positive environment for her and her family. The KACCH Team developed and implemented a daily routine of activities for the patient which took into consideration the extra precautions and mandatory infection control policies of the isolation room. The Child Life Specialist in co-ordination with the Play Leaders offered a variety of games daily as a means of distraction and entertainment for the bed-ridden girl. The Child Life Specialist also introduced medical play by using a medical kit with blood tubes and syringes as she required regular blood analysis and this helped the patient release any anger and cope with the stress of hospitalisation while being in the isolation room. The Play Leaders helped the patient engage in activities such as free painting, beadwork, and arts and crafts as part of her daily therapeutic play activities.

Once her medical condition improved, she was introduced to the KACCH playroom and participated in a number of group activities with other sick children in the wards prior to her release from hospital.
A total of **955** children received Child Life Specialist interventions in Al Amiri Hospital in 2015.

A total of **14,052** Child Life Specialist interventions and Play Leader services were received by children in Al Amiri Hospital in 2015.
A total of **6,522** children received Play Leader Services in Al Amiri Hospital in 2015.
nbk children's HOSPITAL
Making a Difference

The KACCH team at NBK Children’s Hospital is led by 1 Child Life Specialist who is supported by 4 Play Leaders. Services are provided in: Paediatric Wards 1, 2 and 3, Day Case Theatre, Out Patients Department and referrals from ICU and Sabah Paediatric Hospital.

Meeting the Challenge

A 6-year old girl was admitted to NBK Children’s Hospital after complaining of severe pain in her right leg which had hindered her mobility and movement. After medical examinations and tests were performed, her medical diagnosis was a case of relapsed leukaemia. Her medical condition deteriorated and she entered into a state of coma. She was transferred to the Intensive Care Unit for several days and upon waking from the coma, she was physically disabled from the waist down. She had also lost her voice completely as a side effect of the radiotherapy treatment.

Once the patient left the Intensive Care Unit, the Child Life Specialist began working closely with the physiotherapist to support the child in recovering her movement and function. Activities using playdough were planned to strengthen fine motor skills. Puppets and toys of different textures were used to encourage hand movement. Distraction play with the Play Leaders such as bubbles, magic stick, and puppets helped engage the patient while the physiotherapist was working with her.

KACCH Child Life Programmes also addressed the emotional needs of the family, because a medical experience is also a family experience. With that objective in mind, the Child Life Specialist provided psychosocial support for the child’s mother to help her express her feelings and cope with her fears and worries during her child’s hospital stay. The Child Life Specialist was always present during the doctor’s rounds and helped to correct any misconceptions that the parents may have had regarding the child’s medical condition.

After several weeks her condition had improved greatly, especially her hand movement and head support. A special chair was provided to assist her at home and her family was able to offer her physiotherapy on a regular basis. Her condition is improving slowly and she is having outpatient appointments at NBK Children’s Hospital.
A total of **1,483** children received Child Life Specialist interventions in NBK Children's Hospital in 2015.

A total of **15,298** Child Life Specialist interventions and Play Leader services were received by children in NBK Children's Hospital in 2015.
A total of 7,004 children received Play Leader Services in NBK Children's Hospital in 2015.
Making a Difference

The KACCH team at Ibn Sina Hospital is led by 1 Child Life Specialist who is supported by 3 Play Leaders. Services are provided in the following areas: Wards 1 and 6, Al Babtain Burns Centre and Paediatric Day-Case Surgery. Ibn Sina Hospital provides the only paediatric surgical service for children in Kuwait.

Meeting the Challenge

A 4-year old girl was admitted to Ibn Sina Hospital due to chronic constipation, which she had presented with since she was 2 years old. She had endured multiple long-term periods of hospitalisation and upon every admission, the Child Life Specialist completed psychosocial assessments and implemented proper coping plans. She used therapeutic play to help alleviate the patient’s anxiety and encouraged expressive play, such as free painting. In time, the girl preferred to paint rather than play with toys and would paint with her hands. She also expressed that painting was fun and would engage in any art and craft activities, opening the door for her imagination and creativity.

The doctor instructed the mother to continue with rectal washes at home. But this procedure caused the mother great anxiety. The Child Life Specialist supported the mother in alleviating her fears and worries by finding useful informational materials to help empower the mother with additional knowledge on rectal washing. Proper coping plans such as nutritional guidelines and following a regular schedule for washouts were thoroughly explained and implemented. Both were very helpful for the mother and the child.

Although she had continuous hospitalisations, she developed normal emotional abilities and skills. The young girl was offered treatment abroad by the Ministry of Health to exclude any motility disorder and to assess an abnormally long sigmoid colon as further surgery was not feasible in Kuwait.
A total of 3,202 children received Child Life Specialist interventions in Ibn Sina Hospital in 2015.

A total of 18,545 Child Life Specialist interventions and Play Leader services were received by children in Ibn Sina Hospital in 2015.
A total of **6,223** children received Play Leader Services in Ibn Sina Hospital in 2015.
Making a Difference

The KACCH team at Al Farwaniya Hospital is led by 1 Senior Child Life Specialist who is supported by 3 Play Leaders. Services are provided in the following areas: Wards 5, 6, 7 and 8, Out Patients Department, Paediatric Intensive Care Unit, Neonatal Intensive Care Unit, and Special Baby Unit. In addition to children admitted to the paediatric wards, daily out-patient clinics can have an attendance of up to 50 children requiring distraction from the medical treatments and procedures.

Meeting the Challenge

A 7-year old boy was admitted to Al Farwaniya Hospital after being diagnosed with Cushing’s Syndrome, a metabolic disorder caused by the overproduction of corticosteroid hormones of the adrenal cortex.

The head of the paediatric department at Al Farwaniya Hospital referred this patient to the Child Life Specialist to help the patient develop effective ways to cope with fear, anxiety, separation, and adjustment to the hospital experience. The doctor wanted this patient emotionally prepared for his upcoming medical procedures and the possibility of a long-term stay in the hospital.

Upon admission to the hospital, he was very stressed and irritable because he had just returned from England where he had undergone medical treatment. He was also stressed that his mother was worried about his schooling and he did not want to fail his exams. He tried to study but his medical treatments made him very tired. With the support of the Head of Paediatrics, the Child Life Specialist established a plan to use different play prep materials such as medical doll, prep photo album, and other forms of medical play to support the child in understanding the different medical procedures he would require for his treatment. The Child Life Specialist also requested that the mother record the effect of the medical play preparations by giving a grade from 1 to 10 on how he had improved emotionally and on how he coped better with each procedure (Hickman line, ultra sound, IV drip).

With the help of the Child Life Specialist and the different medical play preparations, the child began communicating with the doctors and nurses about his pain and became more co-operative and accepting of the medical staff. He also started doing his homework each day.
A total of 3,525 children received Child Life Specialist interventions in Al Farwaniya Hospital in 2015.

A total of 22,061 Child Life Specialist interventions and Play Leader services were received by children in Al-Farwaniya Hospital in 2015.
A total of 12,378 children received Play Leader Services in Al Farwaniya Hospital in 2015.
al razi
HOSPITAL
Making a Difference

The KACCH team at Al Razi Hospital is led by 1 Senior Child Life Specialist who is supported by 2 Play Leaders. Services are provided in: Wards 1 and 2, and Out Patients Department and Day Case Surgical Department.

Meeting the Challenge

A 10-year old girl was admitted to Al Razi Hospital after falling down. She was diagnosed with an avulsion fracture of the tibia spine. Following her admission to Al Razi Hospital, the medical treatment decision was to apply an above the knee cast without anesthesia, maintaining correct positioning. This required the young girl to have her leg extended for a long period of time and to keep very still. In order for this treatment to be successful, she needed to have a clear account and understanding of how this procedure would be carried out.

The Child Life Specialist used role-play as a means of supporting the young girl in understanding the treatment and allowing her to vocalise any fears she may have about her treatment plan. The Child Life Specialist asked the young girl to apply a similar cast to a medical doll and explained to her any medical terms the doctors would be using during the treatment. The Child Life Specialist also practiced coping mechanisms with the young girl and they both agreed on certain coping strategies, such as guided imagery and concentration on breathing techniques, which would be carried out during the casting treatment.

During the medical treatment, the Child Life Specialist advocated for specific comfort positions to provide control for the patient. Although the procedure took quite a long time, the placement of the cast without anesthesia was successful. The young girl felt proud and happy that she had completed the procedure successfully and without anesthesia.
A total of 3,667 children received Child Life Specialist interventions in Al Razi Hospital in 2015.

A total of 17,290 Child Life Specialist interventions and Play Leader services were received by children in Al Razi Hospital in 2015.
A total of 5,502 children received Play Leader Services in Al Razi Hospital in 2015.
Making a Difference

The KACCH Team at Al Jahra Hospital is led by 1 Certified Senior Child Life Specialist who is supported by 2 Play Leaders. Services are provided in: Wards 6, 7, 8, 28 and 31 as well as a Paediatric Intensive Care Unit.

Meeting the Challenge

A 2-year old girl was diagnosed with Kenny Caffe Syndrome while she was a patient in the Neonatal Intensive Care Unit of Al Jahra Hospital. She was regularly admitted to the hospital with chest infections and in one instance with broncho-pneumonia. She was supported by a BiPAP (bilevel positive airway pressure) machine to complement her own respiratory cycle, optimising the lung’s efficiency and reducing the work of breathing.

She was very tiny and frail and was only able to communicate through expressive face and body language. The Child Life Specialist had to plan individualised interventions. She received daily stimulations using playdough with her hands, puppets using dancing movements, and music to support her growth and development. Permission was also taken from the doctors to allow her to visit the KACCH Playroom for 5 minutes each day to help change her environment and give her the chance to interact with other patients in the ward. Once the Child Life Specialist saw how much the child enjoyed being in the playroom, a portable oxygen cylinder was given to the patient in order to help extend her playroom visits.

The support given to the patient at bedside and in the playroom, allowed the girl to form emotional bonds outside of her family members. The interventions continued to support the child’s cognitive growth and development during the hospital stay.
A total of 3,904 children received Child Life Specialist interventions in Al Jahra Hospital in 2015.

A total of 17,290 Child Life Specialist interventions and Play Leader services were received by children in Al Jahra Hospital in 2015.
A total of 2,054 children received Play Leader Services in Al Jahra Hospital in 2015.
KACCH is committed to transferring knowledge through further education and research. The following initiatives in education, professional development, and research took place in 2015:

• Nursery Nurse Course: 6 Play Leaders were enrolled in the UK National Consortium of Colleges, Nursery Nurse Course Level 3 Diploma. This course is designed to develop knowledge and understanding of children’s growth and development. This course has now become an essential requirement of employment with KACCH.

• Enrolment in an Introduction to Child Life Course with Dakota County Technical College. In January 2015, one of KACCH’s Senior Child Life Specialist enrolled in a graduate level course as part of her eligibility requirements to take the Child Life Council examination in November 2016.

• 2 Senior Child Life Specialists enrolled in an online exam preparatory course led by expert Child Life Specialist educators in the United States.

• Chris Brown, Certified Child Life Specialist, delivered a series of workshops in June 2015 on a variety of Child Life topics to members of KACCH staff. Topics included: The Importance of Play in Hospital, Medical Play, Using Tools and Techniques, Preparation and Coping and Integrating the Child Life Services through Collaboration with a Multidisciplinary Team.

In Fall 2015, KACCH in collaboration with Dr. Joan Turner, Associate Professor at Mount Saint University in Canada and a Certified Child Life Specialist, submitted a journal abstract titled “Improving the Hospital Experience for Children in Kuwait with Play” for the special issue on the Histories of Play for the International Journal of Play.
KACCH volunteers have always been the backbone of KACCH. They give their precious gift of time supporting our staff doing different play activities, art and crafts, puppet shows and much more for our children. They have always been a great support in helping out at awareness events, organising different workshops for children and moms, initiating toys and book drives and arranging celebrating different occasions with children and their families in the KACCH playrooms.

To become a KACCH volunteer, go to KACCH’s website www.kacch.org and complete the application form. Applicants will be contacted by phone to arrange for a short personal interview, and suitable applicants will be requested to attend a volunteer orientation before placement.
A total of 520 individuals applied for volunteering with KACCH in 2015.
parties
& EVENTS
Events held throughout the year make a difference and bring smiles to the children’s faces!

Feras Abushaar
Amideast
ARGANA
Al Bakkra Group
Andy Baldwin-Dino Park
Boubyan Bank
Dr Maha Bourusly
Britain in Kuwait Exhibition
Build-a-Bear
Corniche Club
Crowne Plaza
Event-Mania
Friends of Hearts Marathon
International Football Players
KAMCO
McDonalds
Abdullah Al Mubarak Clinic
National Bank of Kuwait
Vikas Oberoi and Al Hamra Grand Cinema
One World Youth Theatre
Phoenician Riders
Qatar Airways
Rotana Hotel Mangaf
Samar Walid Daoud
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American University of Kuwait
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McDonalds
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American School of Kuwait
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Qadsiya School
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Dana Sabeeh Ahmed Amin
Awatef Al Awadi
Kamla Salem Al Ayad
BACCH Nurses
BACCH Staff Lunch Club Donation
Abdulaziz Ahmad Al Bahar
Adelah Mohamed Abdulrahman Al Bahar
Mohammed Abdulrahman Al Bahar Company
Alma Akker
Rashal Mansour Bandar
Arab Banking Corporation - Manama, Bahrain
Boubyan Bank
National Bank of Kuwait
Nooha Al Banwan
Baroue
Wafaa Mohamed Abdulaziz Al Barrak
Fawzia M A Al Bassam
In memory of Dr Jaafar Bebehanni
The Boudoir Salon
Al Bustan Al Khaleeji for General Trading & Contracting Company
ByHomood Jewelry & Alaa Basel Saoud Al Zamal
Maha Coppard
Jamal Naif Hammad Al Dabbous
Tala Al Dabbous
Dar S H International Engineering Consultants WLL
Noha Mohammed Ali Al Dukhan
EN-TIRE-LY Fun
Hussa Rashid Al Farhan
Noora Sulaiman Salem Al Fassam
Nawal Shamlian H.
Salma Al Hajjaj
Hoop Mountain
Zahour Hussain
Aisha Hassan Youssef Bin Issa
In memory of HE Izzat Mohammed Jaafar
Jaafar Al Jamal
JAMM Art Auction & Sheikh Lulu Mubarak Al Sabah
Emma Al Khabbaz

Khabary International General Trading Company & Abdulrahman Sultan Al Salem
Rasha Mishari Khaled Al Zaid Al Khaled
Entrepreneur's Group - Kuwait University
Kuwait Foundation for the Advancement of Sciences
Mame & Nussaibah Talal Al Kharafi
Suhair Al Mazjoub
Microsoft Kuwait
Zainah Ibrahim Abdulaziz Al Mulla
Mohammad Hagag Al Mutairi
Shuwaieheena Shaker Baddah Al Mutairi
Basma Abdulwahab Al Nafisi
Haya Youssef Abdullah Al Nafisi
Laila Abdulaziz Al Nafisi
Muneera Hamad Mohamed Al Nafisi
Wafaa Fahad Abdulaziz Al Nafisi
Taiba Hamad Mohamed Al Nafisi
Ma'ali Hamoud Youssef Al Nisf
The Nourishing Jar
One World Actors Centre Production
Alia Abdulkhalder Al Othman - In Memory of Awatif
Abdulkhalder Al Othman
Youssef Saleh Al Othman
Phoenician Riders
Fatima Abdulla Hamad Abu Rabee
Khalid Saeed Al Sayed Yacoub Al Rifaie
Sulaiman Al Rodhan
Lamya Mohammed Ahmed Al Roumi
Abdullah Duaj Jaber Al Sabah and Najwah Suad Al Sabah
Mohammad Jassem Mohammad Al Sadah
Abdulla Hamad Al Saggar & Brothers
Thilth Abdulaziz Hamad Al Saggar
1st Salmiya Beaver Colony Kuwait
1st Salmiya Guides Kuwait
American School of Kuwait
Gulf English School
New English School
Al Rawad Bilingual School
Zubeida Elementary School for Girls
Al Shamiya Company for Pastry and Sweets
Slice The First Doner Joyer Restaurant Company
Hasan Salem Yaqoub Al Tarfi
Fatema Abdulaziz Faisal Al Thuwaini
Wataniya Telecom - Customers Reward Department
X-Azarlyn Group & Aria Al Essa
Nouf Abdulaziz Al Yamani
Neda Zebin Youssef Al Zebin
... and many anonymous donors ...
In 2015, we continued Bayt Abdullah’s clinical operational services, offering to those children with life-limiting and life-threatening illnesses in Kuwait, a holistic and comprehensive range of paediatric palliative hospice services for them with their families.

2015 saw our services being utilised by over 400 persons consisting of children, parents and siblings referred to us from 7 hospitals from within the Ministry of Health network: NBK Children’s Hospital, Al Sabah Hospital, Al Amiri Hospital, Al Adan Hospital, Farwaniya Hospital, Ibn Sina Hospital and Al Jahra Hospital.
Our families came from 13 different nationalities resident in Kuwait ranging from Egypt all the way to the Philippines, and from 9 different disease groups and not just cancer.
The children and families benefited from all 5 main services here at Bayt Abdullah Children’s Hospice:

**Homecare Service:**
This is one of our most utilised and requested services, allowing families to experience the least disruption to their daily family life by having Bayt Abdullah support, train, educate, supply and set up the home in order for these families to care for their child in their home environment. We covered 18 different residential areas in Kuwait all the way from Jahra in the North to Adan in the South of the country.

**Day Care Service:**
Our morning and afternoon clinics cover all of our clinical services such as medical, nursing, physiotherapy, routine laboratory tests, dispensing medications, dietetics, psychosocial and most important of all our play activities. We have utilised our gym for basketball coaching, our theatre for music workshops and have served healthy homemade food from our cafeteria.

**Respite Service:**
The weekend respite breaks for families are very popular allowing families the time and space to be together as a family unit, with activities throughout the respite weekend for all family members to enjoy this much needed break.

**Outreach Service:**
In the past year we have covered 10 different Ministry of Health hospitals offering our specialised paediatric palliative care consultative services to the primary clinicians and have continued with our multidisciplinary services to the Bayt Abdullah children and families admitted at those hospitals.
Inpatient Service:

In order to continue to support and empower families to care for their children, we have had inpatient admissions depending on the family’s needs such as symptom management, transitioning from hospital stays to the home and end of life care with multiple durations depending on the child’s needs.

2015 was another wonderful year for events organised for the children of Bayt Abdullah by several corporate organisers; some of our new and continuing sponsors were by Boubyan Bank, NBK, Hoop Mountain Basketball Camp, Phoenician Riders and Habchi & Chalhoub and many others.

In addition to our own Bayt Abdullah play dates marking different themes, holidays and occasions with the help of our volunteering programme. This co-operation is a vital part of having the community be a part of Bayt Abdullah and the life of our children and families.

On the educational front, we have continued with our “Introduction to Paediatric Palliative Care” for the Medical Students at Kuwait University and with the training and information course for the Nursing Students from the Public Authority for Applied Education & Training, we have hosted to date over 550 students from both fields. And held our very first CME accredited course to health care professionals in Kuwait.

These achievements and the services we offer to those children and families in need could not have come about without the generous support of every one of our donors over the past year, thank you once more.
# Statement of Income and Expenditure - KACCH

<table>
<thead>
<tr>
<th></th>
<th>Year ended 31-Dec-15</th>
<th>Year ended 31-Dec-14</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Income</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Sponsorship</td>
<td>235,655</td>
<td>257,241</td>
</tr>
<tr>
<td>Donations</td>
<td>21,167</td>
<td>43,201</td>
</tr>
<tr>
<td>Interest and investment income</td>
<td>662</td>
<td>630</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>257,484</td>
<td>301,072</td>
</tr>
<tr>
<td><strong>Expenditure</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Salaries and related costs</td>
<td>267,120</td>
<td>268,044</td>
</tr>
<tr>
<td>Miscellaneous</td>
<td>36,300</td>
<td>6,572</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td>303,420</td>
<td>274,616</td>
</tr>
<tr>
<td>Net Income</td>
<td>-45,936</td>
<td>26,456</td>
</tr>
<tr>
<td>Surplus at the beginning of the year</td>
<td>38,636</td>
<td>12,180</td>
</tr>
<tr>
<td>Surplus at the end of the year</td>
<td>-7,300</td>
<td>38,636</td>
</tr>
</tbody>
</table>
## Statement of Income and Expenditure - BACCH

<table>
<thead>
<tr>
<th></th>
<th>Year ended 31-Dec-15</th>
<th>Year ended 31-Dec-14</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Income</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Donations</td>
<td>939,995</td>
<td>698,868</td>
</tr>
<tr>
<td>From sales of pins</td>
<td>1,192</td>
<td>1,154</td>
</tr>
<tr>
<td>Interest &amp; investment income</td>
<td>21,661</td>
<td>27,755</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>962,848</strong></td>
<td><strong>727,777</strong></td>
</tr>
<tr>
<td><strong>Expenditure</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Salaries &amp; related costs</td>
<td>369,081</td>
<td>399,825</td>
</tr>
<tr>
<td>Construction &amp; equipment costs</td>
<td>-</td>
<td>388,670</td>
</tr>
<tr>
<td>Operating costs</td>
<td>240,871</td>
<td>213,241</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>609,952</strong></td>
<td><strong>1,001,736</strong></td>
</tr>
<tr>
<td>Net Income</td>
<td>352,896</td>
<td>-273,959</td>
</tr>
<tr>
<td>Surplus at the beginning of the year</td>
<td>2,943,747</td>
<td>3,217,706</td>
</tr>
<tr>
<td>Surplus at the end of the year</td>
<td>3,296,643</td>
<td>2,943,747</td>
</tr>
</tbody>
</table>
## Combined Balance Sheet for KACCH & BACCH

<table>
<thead>
<tr>
<th>Assets</th>
<th>Year ended 31-Dec-15</th>
<th>Year ended 31-Dec-14</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cash &amp; bank balances</td>
<td>731,020</td>
<td>376,950</td>
</tr>
<tr>
<td>Fixed deposits</td>
<td>350,000</td>
<td>350,000</td>
</tr>
<tr>
<td>Staff receivable</td>
<td>1,400</td>
<td>1,300</td>
</tr>
<tr>
<td>Investment in managed fund</td>
<td>2,490,792</td>
<td>2,524,906</td>
</tr>
<tr>
<td><strong>Total Assets</strong></td>
<td><strong>3,573,212</strong></td>
<td><strong>3,253,156</strong></td>
</tr>
<tr>
<td>Provision end of service indemnity</td>
<td>-172,869</td>
<td>-159,773</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>3,400,343</strong></td>
<td><strong>3,093,383</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Represented by</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>Capital</td>
<td>111,000</td>
<td>111,000</td>
</tr>
<tr>
<td>Retained Surplus</td>
<td>3,289,343</td>
<td>2,982,383</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>3,400,343</strong></td>
<td><strong>3,039,383</strong></td>
</tr>
</tbody>
</table>
KACCH is especially grateful to Mr Anwar Y Al-Qatami and Grant Thornton, Al-Qatami, Al-Aiban & Partners for their meticulous auditing of KACCH and Bayt Abdullah accounts.

Also to Mr Khaled H Al-Mutairi and Al-Jarida for publishing and printing the 2015 annual report.

THANK YOU!