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MESSAGE FROM THE PRESIDENT

Our Dear Friends

Kuwait Association for the Care of Children in Hospital (KACCH) was founded in 1989 with the mission of supporting children and families through their hospital experiences so as to minimize the adverse effects of hospitalization. In that same year the United Nations held a convention on the Rights of the Child which declared in its Charter, Article 24 :

"Parties recognise the right of the child to the enjoyment of the highest attainable standard of health and to facilities for the treatment of illness and rehabilitation of health. Parties shall strive to ensure that no child is deprived of his or her right to access such health care services."



As a signatory to the UN Charter, Kuwait took their commitment seriously and consequently developed paediatric services in Kuwait that were second to none in the region. However, based on our own personal experience when our youngest son was hospitalized at the Amiri Hospital in 1988, and in spite of the excellent medical care he received, we felt that there was something missing. We were later to learn that that something was psychosocial support.

With the approval of the Head of Paediatrics and the Minister of Health a group of volunteers came together to learn how being admitted to hospital could adversely affect children and their families, and how these volunteers could help the children manage their journeys. They came to learn that children in hospital should not be deprived of the opportunity to play and socialise with other children in the hospital, nor should they be deprived of the comforting presence of their mothers. They found that children and their families coped better when they understood why they were in hospital and what their treatment would be like, and the families felt better when doctors talked to them and included them in decision making. Children too could understand these issues when they were presented through the medium of play, a language common to all children of all ages. Thus psychosocial support was introduced to government hospitals across Kuwait and KACCH was born.

Pioneering International leaders in Child Life from the UK and USA were invited to Kuwait to teach, train and educate KACCH Play Leaders, and later Child Life Specialists, who were then able to evaluate the special needs of children in our hospitals. In the thirty years since we began this journey KACCH has supported tens of thousands of children and families, starting with just one KACCH Playroom at the Amiri Hospital in 1989 to now seven KACCH Child Life Programmes in seven government hospitals this year.

Through the early work of the Child Life Specialists in a number of hospitals across Kuwait KACCH discovered that many children who were born with or who developed conditions that threatened or shortened their lives did not receive the "highest attainable standard of health and facilities for the treatment of illness". And so once again KACCH found itself at the forefront of developments in paediatrics by introducing what was then a new specialty of paediatric palliative care to support these children and their families.

To raise awareness of the need for such care KACCH organised the first Middle East International Conference on Paediatric Palliative Care in 2005. Sponsored by The Ministry of Health, Faculty of Medicine and KFAS as well as many other organisations and businesses and pro-bono contributions, this conference brought the top ten paediatric palliative care experts in the world to Kuwait and resulted in the whole community of Kuwait supporting the development of Bayt Abdullah Children's Hospice, (BACCH) which stands legally and operationally under the umbrella of KACCH.

For the last ten years KACCH and BACCH have grown alongside each other, registered with the Ministry of Social Affairs, regulated by the Ministry of Health and governed by the same Board of Directors. As both arms of the organisation have matured under the leadership of the CEO in BACCH and the Deputy Director of KACCH, and the fact that many functions such as HR, Finance and IT, and services such as psychosocial support, research and volunteering are common to both arms, the Board made the decision recently to amalgamate the two arms. Following lengthy discussions with top management and all staff it was agreed that in order to optimize our resources, streamline our operations, cut costs and maximise our children and families' experiences we would merge the above functions and services over a two year period.

With our team of Paediatric Palliative Care Specialists, paediatricians, therapists and other allied health professionals delivering individualised paediatric palliative care to children who are not expected to survive childhood, many of whom have some of the rarest known conditions, and with qualified experienced Child Life Specialists and Play Leaders providing psychosocial support to thousands of children in hospitals across Kuwait, we believe that the services provided by an amalgamated KACCH and BACCH will go a long way to supporting the Ministry of Health's commitment to ensure no child in Kuwait is deprived of his or her right to the highest attainable standard of health care.

What better way to end the decade than to celebrate the 30th Anniversary of the Founding of KACCH. True to our tradition, a wonderful Carnival, sponsored by NBK brought 100 school children from the British School of Kuwait (BSK) and The English School (TES) who lined the Magic Carpet in Bayt Abdullah to sing our songs "We are the World" and "Children of the World" followed by the beautiful voice of our Music Therapist singing solo with only a guitar accompaniment "Somewhere over the Rainbow. Surrounded by over 400 children and their families, plus KACCH and BACCH staff and families, Board and Executive Committee Members and Volunteers all mingling together as children played games, munched pizza and parents chatted, it was a truly emotional and memorable experience. With a final flourish, children painted a mural on the wall outside the KACCH office as a lasting testament to the resilience, creativity and love of life our children have, and the dedication of our staff, volunteers, sponsors, donors and supporters. The title of the mural is "We are the Children".

Thank you all, and may the next thirty years be blessed by your continued efforts and support for all our children.

KACCH VALUES



KACCH MISSION

Our Mission

Kuwait Association for the Care of Children in Hospital (KACCH) advocates for the provision of optimal conditions for children and their families in hospital, in order to reduce the adverse effects of hospitalisation on their development and wellbeing.

Our Philosophy

We believe in upholding the rights of the child as declared in the UN charter of 1989, to which Kuwait is a signatory that states that it is the right of every child to receive expert health care delivered, whenever possible, by paediatric trained physicians and nurses, within family-centred, child-friendly facilities. We also support the recent declaration of the WHO which states that palliative care is a basic human right for all children with life-limiting and life-threatening conditions, and the Rome Charter of 2016 which confirms the above rights and which is additionally supported by signatories representing the major religions of the world, including Islam.



Our Objectives

- To minimise the stressful impact of hospitalisation and illness on the child and family in hospital.
- To facilitate optimal growth and development of the child.
- To prepare children and families for their health care experiences.
- To communicate effectively with other members of the health care team.
- To ensure the continuity and development of the Child Life programme within health care settings in Kuwait.
- To share expertise and co-operate with international and regional organisations.
- To recognise when hospital is not the optimum health care setting for the child and to advocate for the provision of paediatric palliative care at home, in a hospital, or in a children's hospice, so that parents can choose how and where their child with life-limiting or life-threatening conditions is treated.

THE VALUE OF PLAY





"When we make
play the foundation
of learning, we teach
the whole child."

Vince Gowmon

Hospitalisation and healthcare experiences can be very stressful and traumatizing for children and their families. Play in the hospital creates a space of continuity of everyday life for a child. By providing and facilitating play opportunities, children are able to express themselves, cope with their anxiety, stress, and fear, process their health care experience in a safe and non-threatening environment, create, achieve, and continue to learn and develop.

More importantly, play enables and empowers a child to make choices as to feel that they maintain control.

At KACCH, play is the foundation of the support provided to children and their families in the hospitals. Provided below are examples of the different types of play.

Developmentally Supportive Play

Developmentally supportive play promotes normal life experiences to support growth and development.



Medical Play

Medical play is play with a medical theme that reflects a child's own real life experience. It uses real or toy medical equipment, and often dolls or teddy bears. These items help children become more familiar with medical procedures, equipment, and the healthcare environment in a way that won't scare them.

Distraction through Play

Distraction through play gives a child something to focus on and is especially effective to minimize anxiety. An age appropriate individualised distraction plan is developed for each child to create a positive experience for the child during a medical procedure.

KACCH CHILD LIFE PROGRAMME'S COMMITMENT TO PLAY

CHILD LIFE SPECIALISTS

The KACCH Child Life Programmes in Kuwait's hospitals are led by Child Life Specialists (CLS) who are supported by trained and supervised Play Leaders.

The Child Life Specialist uses play, the universal language of children, to help them express their emotions, understand their illnesses and treatments and learn coping strategies to deal with unknown and sometimes frightening healthcare experiences in the hospital.

They advocate for patient and family centred care by raising awareness of the psychosocial needs of the children and their families to other members of the paediatric medical team.

KACCH Child Life Specialists offer a variety of services that include:

- Promoting normal growth and development through play.
- Preparing children for medical procedures through the use of images, real medical equipment, and developmentally appropriate language.
- Providing psychosocial support during medical procedures by helping children develop coping strategies.
- Facilitating therapeutic play, art, and self-expression experiences.
- Supporting children and their families in understanding their illness and hospitalization.
- Advocating for children and their families as they navigate the healthcare environment.
- Encouraging non-pharmacological pain strategies (cognitive and behavioural strategies) to support reducing pain for children.
- Promoting patient and family centred care.
- Providing sibling support.
- Providing grief and bereavement support to patients and their families when needed.





PLAY LEADERS

KACCH Play Leaders are professionals who work with the Child Life Specialist to promote and facilitate developmentally appropriate play for children in the hospital. Therapeutic play services are provided in the KACCH Playroom, outpatient clinics, waiting rooms and at bedside.

KACCH Play Leaders offer a variety of services that include:

- Helping children cope with being in the hospital through “normal play experiences” (typical play children engage in everyday).
- Organising daily play and art experiences in the hospital playroom, child’s bedside, or hospital clinics.
- Facilitating quality developmental play.
- Supporting the implementation of special events to maintain each child’s connection with home, school, and the community.

A photograph of two children sitting at a table in a brightly lit room, likely a therapy or playroom. They are both smiling and playing with a large amount of white shaving foam spread on the table. The child on the left is wearing a grey t-shirt with a red stripe on the sleeve and a dark baseball cap. The child on the right is wearing a grey t-shirt. Both have some foam on their faces. In the background, there are colorful chairs and a sewing machine. A decorative graphic of hearts and flowers is in the top left corner.

CHILD LIFE PROGRAMMES IN 2019

43,056

Total number of patients received Child Life interventions, therapeutic play services, and neurological music therapy services by KACCH Child Life Specialists, Play Leaders, and BACCH Neurological Music Therapist across all 7 KACCH Child Life Programmes in 2019.

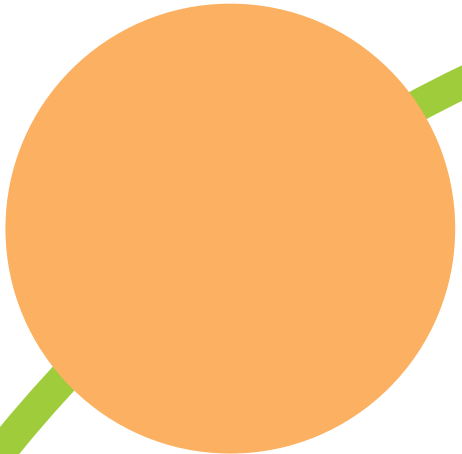


AL AMIRI HOSPITAL

The KACCH Team at Al Amiri Hospital is led by 1 Child Life Specialist I and is supported by 2 Play Leaders. Child Life Services are provided in Paediatric Wards 14 and 15, Outpatients Department, and Casualty.

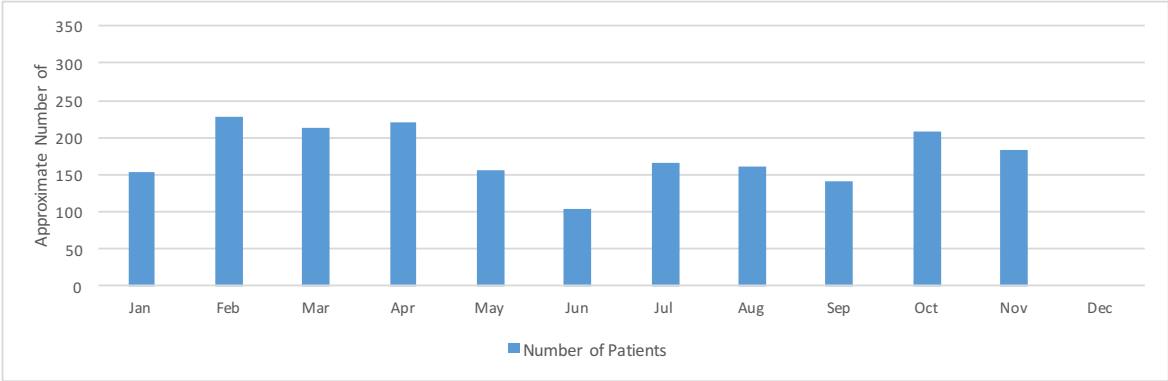
7,254

Total number of patients who received Child Life interventions and therapeutic play services by Child Life Specialist I and Play Leaders at Al Amiri Hospital in 2019.



Child Life Specialist Interventions

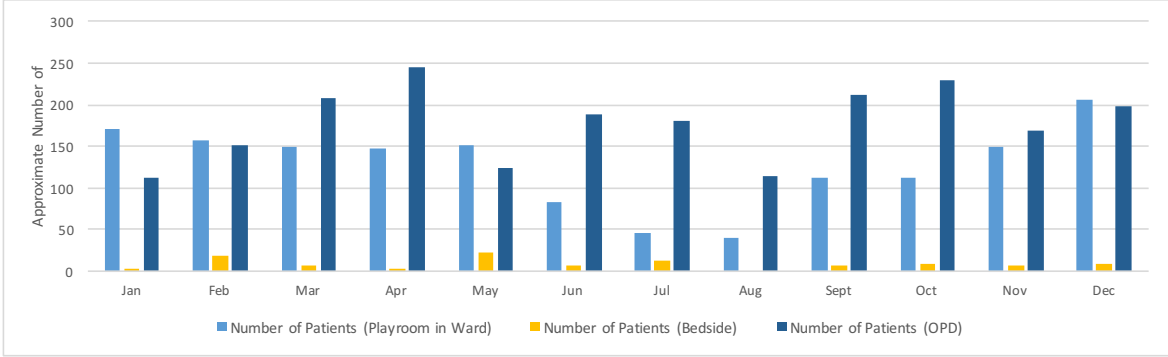
3,486 patients received Child Life interventions by the Child Life Specialist I at Al Amiri Hospital in 2019.



**During the month of December, Child Life Services in Al Amiri Hospital were supported by KACCH Play Leaders.*

Play Leader Services

3,768 patients received therapeutic play services by the Play Leaders at Al Amiri Hospital in 2019.



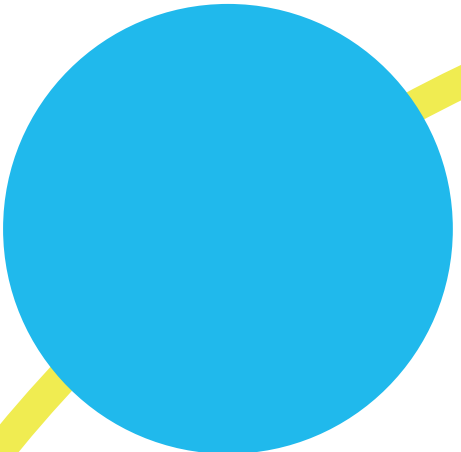


NBK CHILDREN'S HOSPITAL

The KACCH Team at NBK Children's Hospital is led by 1 Child Life Specialist II and is supported by 3 Play Leaders. Child Life Services are provided in: Paediatric Wards 1,2,3, Outpatients Department, Stem Cell Transplant Unit, Day Case, and referrals from Intensive Care Unit.

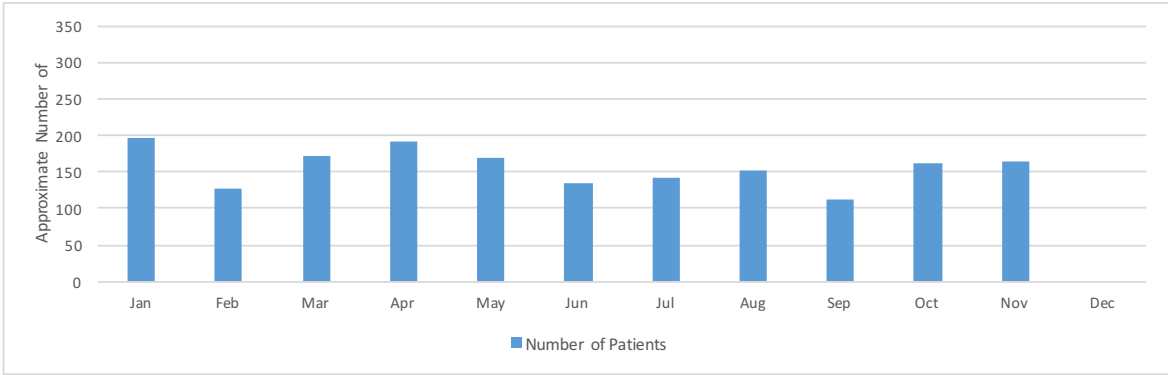
7,245

Total number of patients who received Child Life interventions and therapeutic play services by Child Life Specialist II and Play Leaders at NBK Children's Hospital in 2019.



Child Life Specialist Interventions

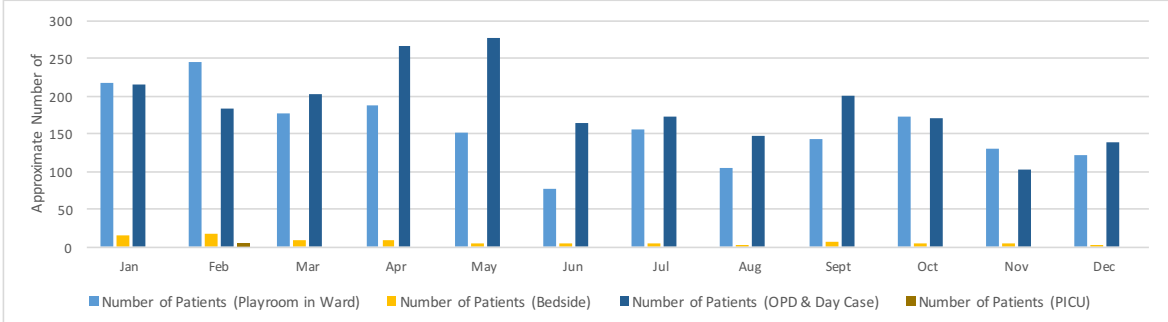
3,121 patients received Child Life interventions by the Child Life Specialist II at NBK Children’s Hospital in 2019.



**During the month of December, Child Life Services in NBK Hospital were supported by KACCH Play Leaders.*

Play Leader Services

4,124 patients received therapeutic play services by the Play Leaders at NBK Children’s Hospital in 2019.



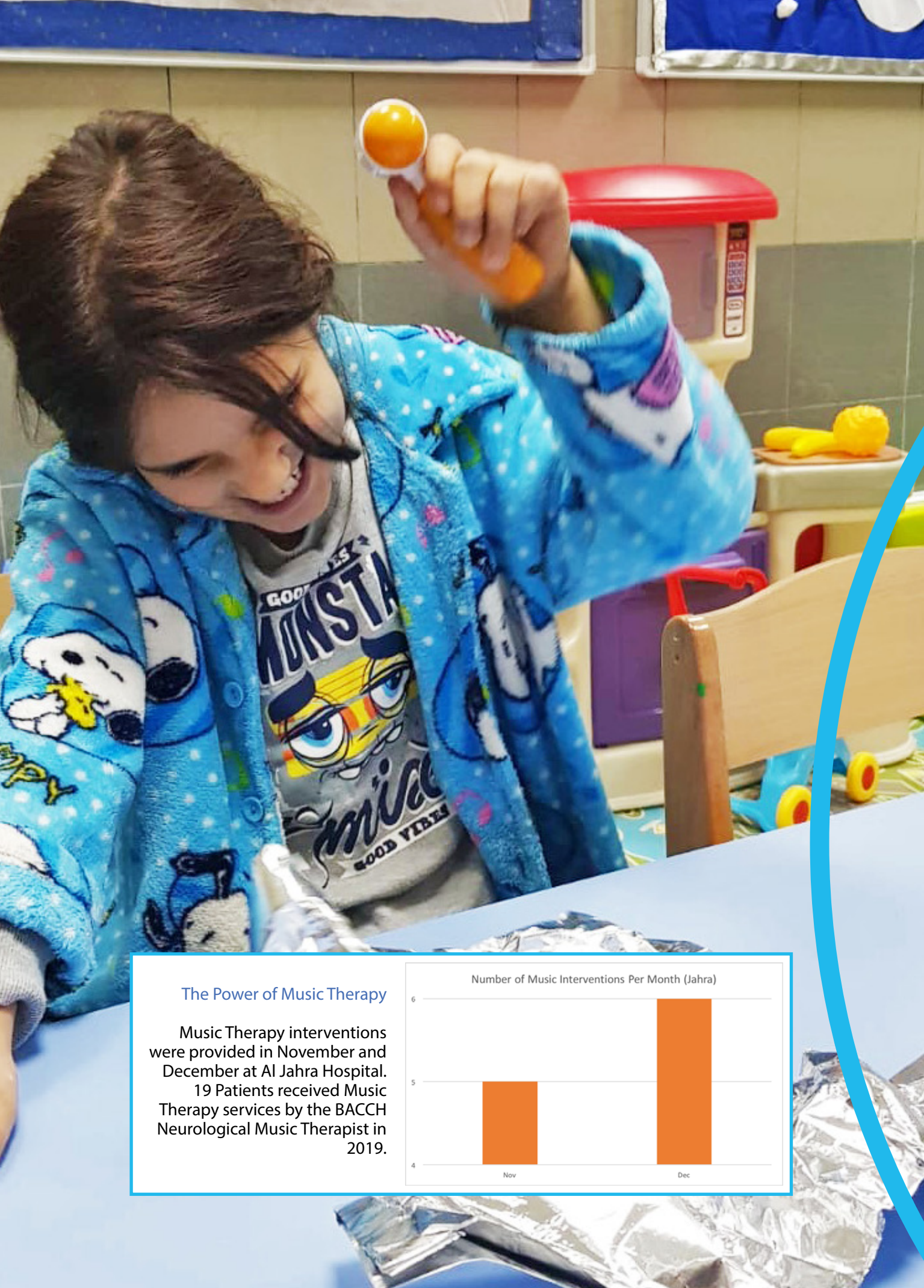


AL JAHRA HOSPITAL

The KACCH Team at Al Jahra Hospital is led by 1 Certified Child Life Specialist I and is supported by 2 Play Leaders. Services are provided in: Ward 6,7,8,28, and 31 as well as Paediatric Intensive Care Unit. Also, music therapy services are provided to patients and their families by the BACCH Music Therapist.

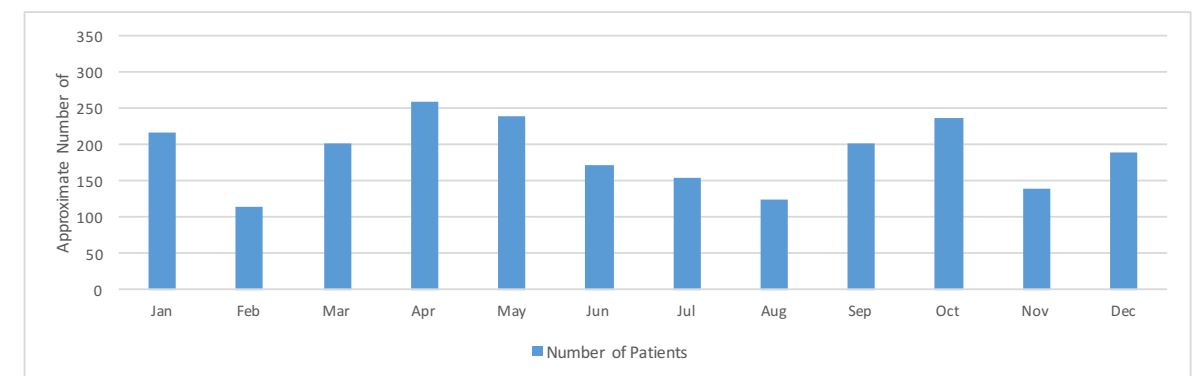
6,739

Total number of patients who received Child Life interventions and therapeutic play services by a Certified Child Life Specialist I and Play Leaders at Al Jahra Hospital in 2019.



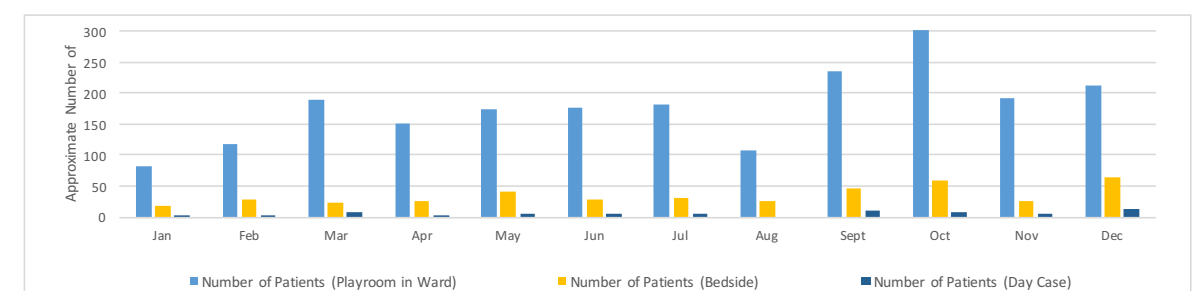
Child Life Specialist Interventions

4,143 patients received Child Life interventions by the Child Life Specialist I at Al Jahra Hospital in 2019.



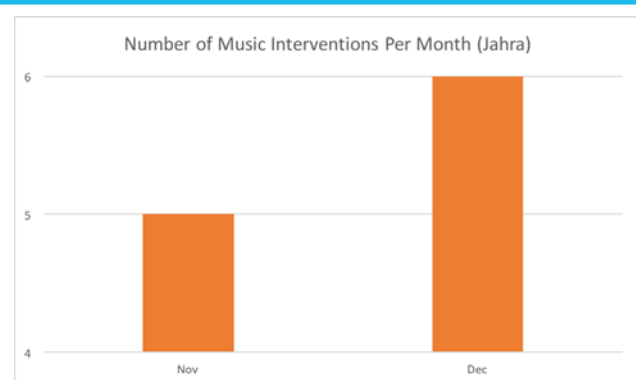
Play Leader Services

2,596 patients received therapeutic play services by the Play Leaders at Al Jahra Hospital in 2019.



The Power of Music Therapy

Music Therapy interventions were provided in November and December at Al Jahra Hospital. 19 Patients received Music Therapy services by the BACCH Neurological Music Therapist in 2019.



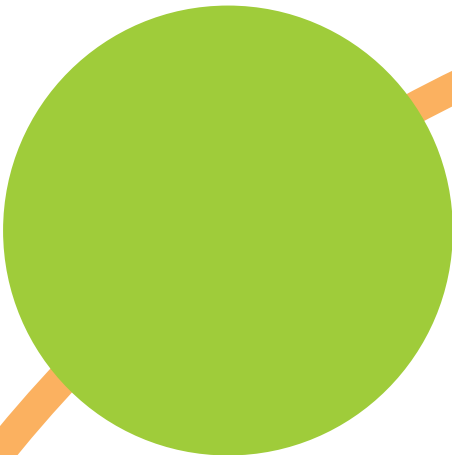


AL FARWANIYA HOSPITAL

The KACCH Team at Al Farwaniya Hospital was led by 1 Child Life Specialist II and is supported by 2 Play Leaders. Services are provided in the following areas: Wards 5,6 and 8, Day Case and Paediatric Intensive Care Unit. Music therapy services are provided to patients and their families once a week by the BACCH Music Therapist.

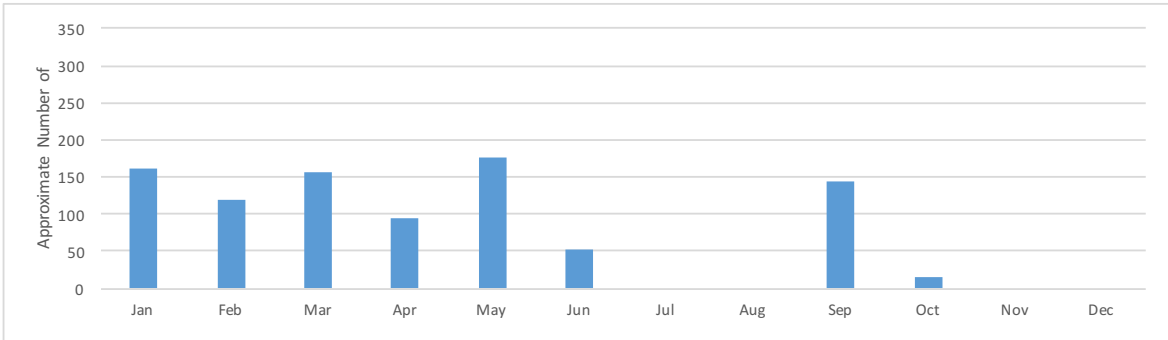
3,881

Total number of patients who received Child Life interventions and therapeutic play services by Child Life Specialist II and Play Leaders at Al Farwaniya Hospital in 2019.



Child Life Specialist Interventions

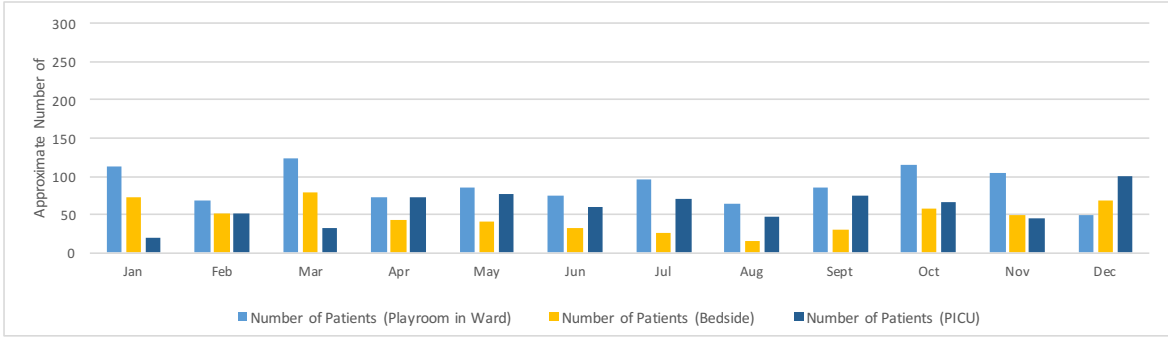
1,555 patients received Child Life interventions by the Child Life Specialist II at Al Farwaniya Hospital in 2019.



**During the months of July, August, November and December, Child Life Services in Al Farwaniya Hospital were supported by KACCH Play Leaders.*

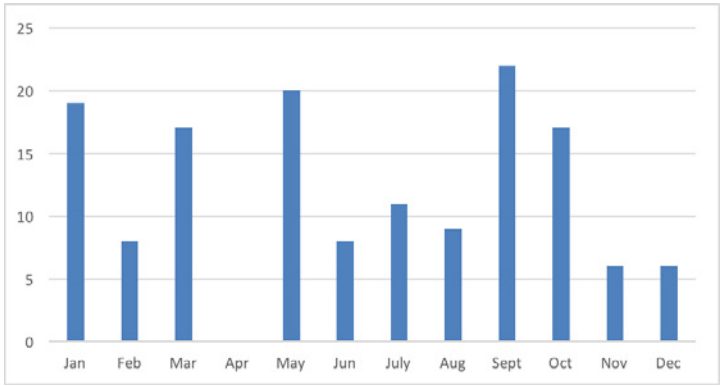
Play Leader Services

2,326 patients received therapeutic play services by the Play Leaders at Al Farwaniya Hospital in 2019.



The Power of Music Therapy

Music Therapy interventions are provided once a week at Al Farwaniya Hospital. 168 patients received Music Therapy services by the BACCH Neurological Music Therapist in 2019.



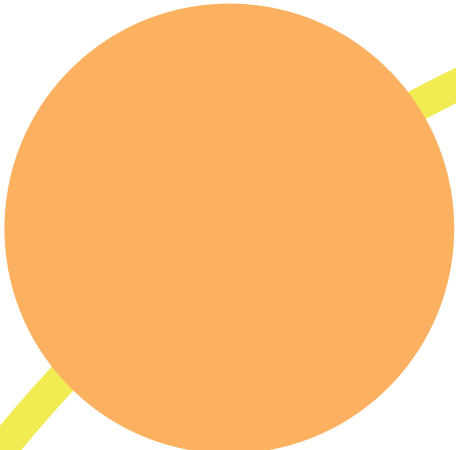


AL RAZI HOSPITAL

The KACCH Team at Al Razi Hospital is led by 1 Child Life Specialist II and is supported by 2 Play Leaders. Services are provided in: Ward 1 and 2 and Day Case Surgical Department.

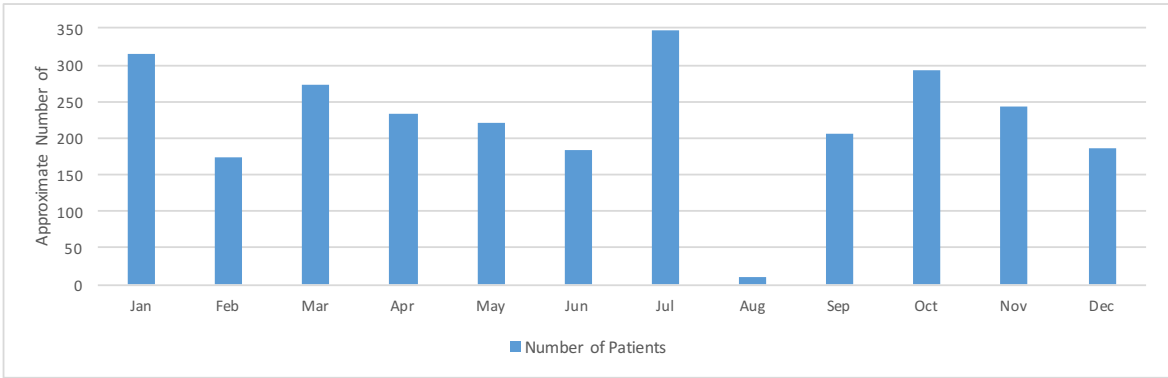
7,463

Total number of patients who received Child Life interventions and therapeutic play services by Child Life Specialist II and Play Leaders at Al Razi Hospital in 2019.



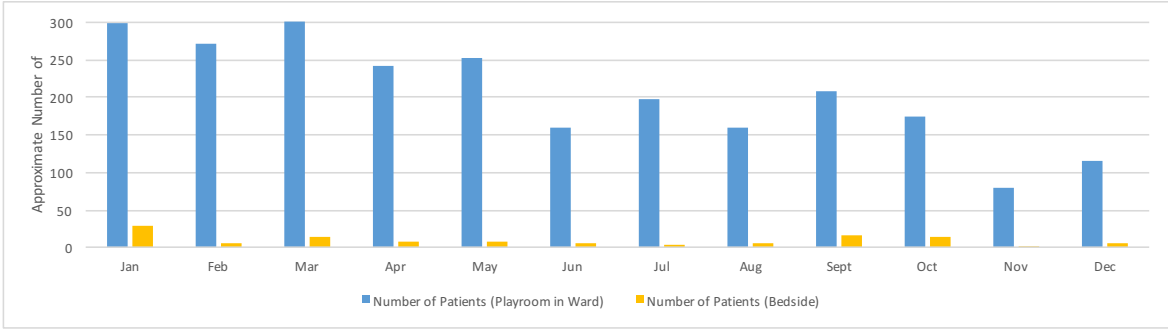
Child Life Specialist Interventions

4,878 patients received Child Life interventions by the Child Life Specialist II at Al Razi Hospital in 2019.



Play Leader Services

2,585 patients received therapeutic play services by the Play Leaders at Al Razi Hospital in 2019.





IBN SINA HOSPITAL

The KACCH Team at Ibn Sina Hospital is led by 1 Child Life Specialist I and is supported by 2 Play Leaders. Services are provided in the following areas: Wards 1 and 6, and Paediatric Day-Case Surgery.

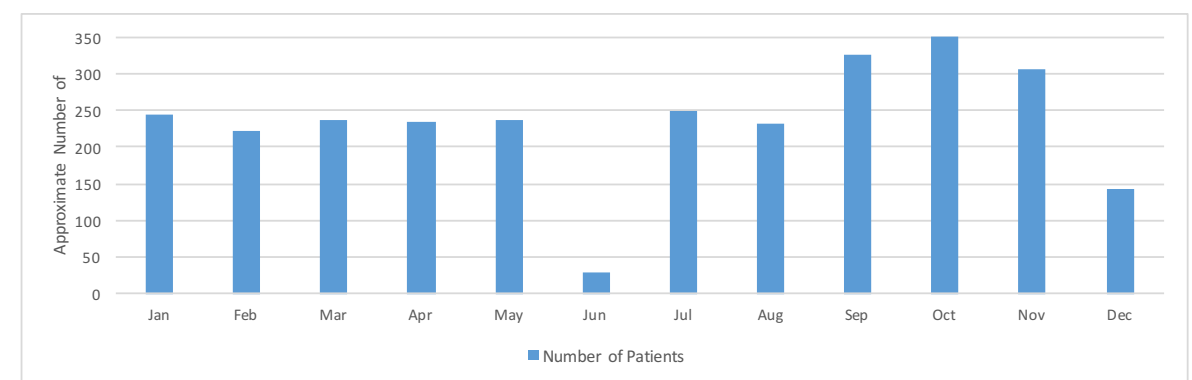
8,385

Total number of patients who received Child Life interventions and therapeutic play services by Child Life Specialist I and Play Leaders at Ibn Sina Hospital in 2019.



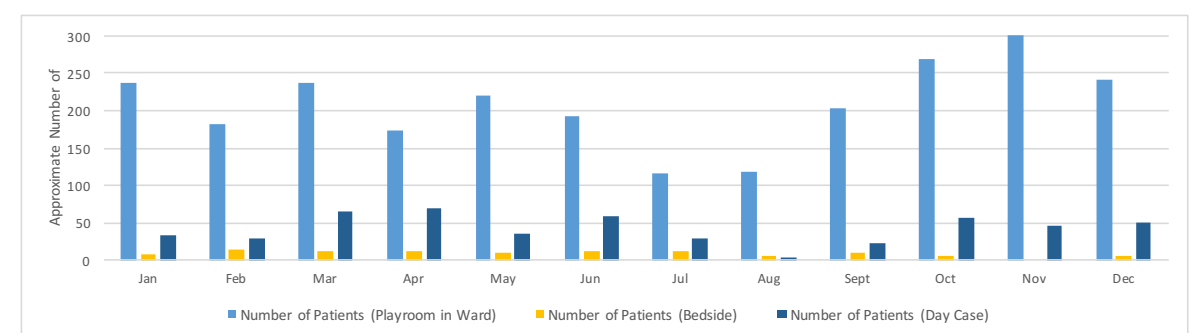
Child Life Specialist Interventions

5,215 patients received Child Life interventions by the Child Life Specialist I at Ibn Sina Hospital in 2019.



Play Leader Services

3,170 patients received therapeutic play services by the Play Leaders at Ibn Sina Hospital in 2019.



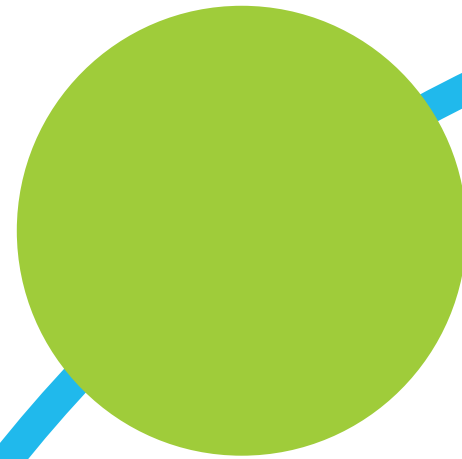


SHEIKH JABER AL AHMAD AL JABER AL SABAH HOSPITAL

The KACCH Team at Sheikh Jaber Al Ahmad Hospital is led by 1 Play Leader. Therapeutic play services are provided in the Out Patients Department and In-Patient Ward.

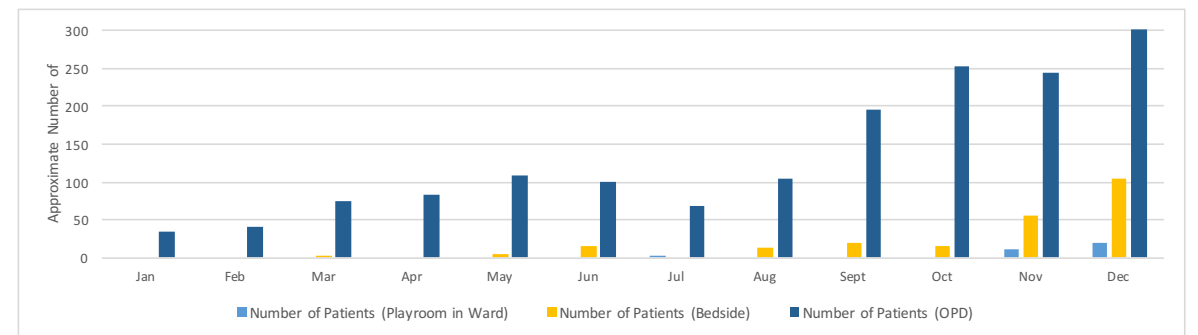
1,902

Total number of patients who received therapeutic play services by the Play Leaders at Sheikh Jaber Hospital in 2019.



Play Leader Services

1,902 patients received therapeutic play services by the Play Leaders at Sheikh Jaber Hospital in 2019.





KACCH VOLUNTEER PROGRAMME

This year, KACCH's volunteer programme continued to promote volunteering and community service to positively change the hospitalisation experience for each child and their family.

In 2019, in addition to the 40 long-term and returning volunteers who have been supporting the organisation for many years, KACCH placed 42 new volunteers across its 7 Child Life programmes in the hospitals. Each volunteer contributed actively to improving the lives of children and their families who are dealing with illness, stress, pain and most often the unfamiliar hospital environment that is nothing like the comfort of home.

KACCH would like to extend its deepest gratitude to all KACCH and BACCH volunteers who supported in making the 30th Anniversary Carnival Celebration a joyous and momentous occasion in the history of KACCH. Those individuals are Ali, Bibi , Camp Arfjan Volunteers, Clara, Dana, Dhoha, Fatma , Maryam, Mohammed, Nadia, Nizamdeen, Rasha, Saied, Sarah, and Sumana



“As a person who loves to volunteer KACCH had a great impact on my life. Being able to help children and their parents through playing is such a wonderful experience, also it helps you to relax and chill after a long busy week. Thank you KACCH for giving me the chance to be part of the family.” Volunteer, Ali

“Volunteering at KACCH has been so grounding. The staff I was put with are so sweet and lively, once you start volunteering you can't stop.” Volunteer, Dhoha

“After retirement I joined the KACCH program. It gives me great pleasure and sense of accomplishment, knowing that my time spent playing, reading or just being a friendly face in the playroom helps children to feel less scared, relaxed and feel comfortable while their stay at the hospital.” Volunteer, Clara

“It has been a beautiful and such an eye opener, volunteering with KACCH at the hospital. I have learnt so much on the importance of having a safe, fun space for children at hospitals. The playrooms allow children to forget their worries for a while and it brings a smile to their face. It warms your heart to know that as a volunteer you are able to make a child laugh during a difficult time.” Volunteer, Nadia

CELEBRATING 30 YEARS OF MAKING A DIFFERENCE

On Saturday, November 23, 2019, KACCH held its 30th Anniversary Carnival Celebration to honor the commitment of its sponsors and donors, and at the same time, hold a carnival for children and their families supported by KACCH's Child Life and BACCH's pediatric palliative care services. Over 400 children and their families joined the distinguished guests, KACCH and Bayt Abdullah staff members, and KACCH and BACCH volunteers to engage in many fun and expressive games and activities.

The event for children and their families started at 11 a.m. with music by the Hassan Brothers. A number of fun and engaging activities were available for all children which included expressive art activities in the art space, pottery making, riding the pony, painting their own portrait on the wall, playing in the sensory garden, riding the Ferris Wheel, taking a walk through the magic carpet, visiting the observation deck, and competing in the many carnival games. In addition to that, children and their families had a number of food options available to them (burgers, pizza, and shawarma), with snacks such as popcorn and ice cream, served throughout the event.

At 12 p.m. an honoring ceremony was held by Dr. Hilal Al Sayer, President of KACCH, to thank all the individuals and organizations who have been committed to the vision and mission of KACCH and BACCH. In attendance of the honoring ceremony was Kuwait's Minister of Health, His Excellency Dr. Basel Hamoud Al-Hamad Al-Sabah, accompanied by the Ministry's Undersecretary Dr. Mustafa Reda, Mr. Michael Davenport MBE, the Ambassador of the United Kingdom to Kuwait, Mr. Nasser Musaad Abdulla Al-Sayer, Chairman of the Board of Directors of National Bank of Kuwait, Mrs. Margaret Al Sayer, KACCH Founding Director, KACCH Board Members, Founders, Executive Committee Members, Sponsors, Donors, and other distinguished guests.

After the honoring ceremony, children and their families and guests lined up next to the magic carpet to hear students from The English School and British School of Kuwait sing "Children of the World" and "We are the World." BACCH's Music Therapist, Kristal Foster, sang "Somewhere Over the Rainbow." The tradition of singing "We are the World" started at KACCH's 10th anniversary and continued to its 30th anniversary.

The success of the 30th anniversary is due to the commitment and care of members of the Kuwaiti community. They played an essential role in making the 30th Anniversary celebration a huge success. National Bank of Kuwait in partnership with KACCH supported with the management and implementation of the event. The English School and British School of Kuwait students sang two meaningful songs. Sheraton provided the lunch for guests who attended the honoring ceremony. Solo Pizza provided pizza for all families during the event. Jedariyat, especially Abrar Zenkawi, a very talented artist was the master behind the beautiful wall which showcased children's faces under the heading "We Are the Children". Dr. Fahad Al Kandari and Sabah Al Ahmad Center for Giftedness and Creativity helped build, guide, and mentor the pottery class which was available for children. Kuwait Red Crescent Society supported with First Aid management and support. KACCH and BACCH long-term volunteers were on hand to support with the event and ensured the safety and welfare of children and their families.

The celebration truly captured the spirit of KACCH and BACCH and their commitment to making a profound difference in the lives of children and their families.



Group picture of KACCH Board Members, Donors, Sponsors, Founders, and Executive Committee Members



The English School and British School of Kuwait singing "We Are The World" and "Children of the World"

"We are the world
We are the children
We are the ones
who make a brighter day"

Song: We are the World
By Michael Jackson and Lionel Richie

"أبي كل واحد فيكم، في نفس اللحظة يتمنى
ان الناس فالدنيا، تعيش تفرح و تنه
أبي الاطفال في العالم، بسم الحب تنغني
أبي كل أم لها طفل، أبدا ما تبعد عنه"

Song: Children of the World
By Manaf Nathir



Left Picture: Kristal Marie Foster, Music Therapist at BACCH, singing "Somewhere Over the Rainbow"



SOLO Pizza Napolitana



Photo Booth



Pottery, facilitated by Dr. Fahad Al Kandari



Pony Ride



Along with the activities and entertainments provided for the children and their families at the carnival, KACCH organized an art space where different art supplies were provided to help the children express their creativity. Building the art mural on the wall was the highlight of the carnival as children had a chance to paint themselves on the wall to create a beautiful mural as seen above. The art mural was guided by one of Jedareyat's artist, Abrar Zenkawi.



Children engaging in on stage activities



Arts and Crafts



A child and her father painting



Girl painting herself on the wall



Tic Tac Toe



Having fun with KACCH teddy bear mascots



A group of children painting



Face Painting

KACCH AND BACCH EVENTS

Events held throughout the year by organisations or individuals helped connect the community to children and their families. These events created lasting memories for everyone.

KACCH EVENTS

2019 Girgiaan events at KACCH Hospital Programmes, sponsored by:

- Al Ahli Bank of Kuwait
- Burgan Bank
- HSBC
- Kuwait International Bank
- Kuwait Finance House
- Ooredoo
- Zain
- McDonald's Kuwait
- Spread the Passion

Al-Bayan Bilingual School event at Al Razi Hospital

Al-Tijaria event at Al Amiri Hospital, Al Jahra Hospital, Farwaniya Hospital

Boeing Middle East and American Business Council toy drive and visit to Al Razi Hospital

Boubyan Bank event Al Razi Hospital and Ibn Sina Hospital

Dasman Bilingual School event at Al Amiri Hospital and Al Razi Hospital

Harvard Club of Kuwait event at Ibn Sina Hospital

Habchi Chalhoub Kuwait event at Al Jahra Hospital, Al Amiri Hospital, and Farwaniya Hospital

Holiday Inn Kuwait event at Al Amiri Hospital

Khalifa School event at Al Razi Hospital

Kuwait Finance House visit to Al Jahra Hospital

New English School event at Al Amiri Hospital and Ibn Sina Hospital

Oneness Organization event at Al Jahra Hospital

Sultan Center event at Al Razi Hospital

Sama Group event at Al Razi Hospital

The Higher Institute of Telecommunication & Navigation, English Department event at Al Amiri Hospital

Warba Bank event at Al Amiri Hospital

BACCH EVENTS

Annual Remembrance Ceremony

Back to School

Career Event

Christmas Event

Family Well Being Workshop

Girgiaan

Halloween Event

Heroes Event

National & Liberation Day

NBK Carnival

Open Day

Outreach (Movie at 360 mall) Toy Story 4

Science Activity & Puppet Show

Thankfulness Event with Phoenician Riders

Visit to Kidzania

Winter Around the World

World Music Therapy Day



CHANGING PAEDIATRIC ENVIRONMENTS

As part of KACCH's commitment to patient and family centered care, KACCH supports hospitals across Kuwait to make child and family friendly environmental changes. The organisation supports hospitals in creating environments that can help alleviate fear and anxiety, fostering a healing and calm environment for children and their families.

In 2019, KACCH completed the following projects:

Al Amiri Hospital

- Design and Development of the KACCH Playroom at Al Amiri Hospital's Outpatients Department
- Design and purchase of curtains for the new Casualty Department for Al-Amiri Hospital

Al Farwaniya Hospital

- Design and development of the Sleep Study Room at Al Farwaniya Hospital
- Design and development of the Family Room at Al Farwaniya Hospital

Sheikh Jaber Al Ahmad Al Jaber Al Sabah Hospital

- Design and Development of the KACCH Playroom at Sheikh Jaber Al Ahmad Al Jaber Al Sabah Hospital's In-Patient Ward

The successful completion of these projects would not have been possible without the guidance, commitment and support of KACCH Executive Committee Member, Mrs. Kim Al-Yousifi.



Curtains for the new Casualty Department for Al-Amiri Hospital



KACCH Playroom at Al Amiri Hospital's Outpatients Department



Family Room at Al Farwaniya Hospital



Sleep Study Room at Al Farwaniya Hospital



KACCH Playroom at Sheikh Jaber Al Ahmad Al Jaber Al Sabah Hospital's In-Patient Ward

KACCH SPONSORS

Our gracious thanks to the following individuals and companies for sponsoring the Child Life Profession in 2019.

Abdulla Al Hamad Al Sagar & Brothers Company
Advanced Technology Company
Al Ahli Bank of Kuwait
Al Mojil Drug Company
Ali Alghanim & Sons Automotive Co. W.L.L.
Bader Sultan & Brothers Co. W.L.L.
Boubyan Bank
Burgan Bank
Kuwait Finance House
Kuwait Financial Centre 'Markaz'
Mohamed Abdulrahman Al-Bahar Company
Mohammed Bin Yousef Al Nisf & Partners Company
Mr Adnan Al Bahar
Mr and Mrs Anwar Al Mulla
Mr Hamad Al Sagar
Mr Marzouk Abdulwahab Al Marzouk
National Bank of Kuwait
Thilth Abdulaziz Al Sagar
Thilth Yacoub Yousef Behbehani



KACCH DONORS

Our gracious thanks to the following individuals and organisations for supporting KACCH in 2019.

Abdulaziz Abdul-Mohsen Mohammad
Abdulaziz Al-Anjeri
Abrar Zenkawi
Adel Easa Husain Al Yousifi, Easa Husain Al
Yousifi & Sons for Contracting & General Trading
Ahmad Al Terkait
Ahmad Al-Ammari
Al Ahli Bank of Kuwait
Al Bayan Bilingual School
Al Jahra Hospital Nursing Team
Al Mulla Group
Al-Bayan Bilingual School
Al-Qattan and Al-Muzaini
Al-Tijaria
American Business Council Kuwait
American College of the Middle East
American Embassy of Kuwait
American Women's League Kuwait
ANHAM FZCO
Ann Bhola
Banafsheh Azizi
Boeing Middle East
Boubyan Bank
Bridget Al-Mutawa
British Ladies Society
Burgan Bank
Dana Anwar Abdullah Al-Mulla
Dasman Bilingual School
Debbie Bu Rahma
Dr Abrar Al-Omar
Dr Adel Marafie
Dr Antika Lau
Dr Eman Al-Qallaf
Dr Fahad Al-Kandari
Engineer Haitham Al Ahmad
English Play Group - Salmiya
Ernst & Young Kuwait
Essam Al-Bahar
Faith Capital
Farah Al-Anjari
Farah Al-Humaidhi
Gulf Insurance Group
Habchi Chalhoub Kuwait
Hadel Al-Fadallah
Hamad Al-Sagar
Harvard Club of Kuwait
Hassan Al-Jarallah
Hassan Brothers
Holiday Inn Kuwait
HSBC
IKEA Kuwait
Jedariyat

Khalifa School
Kim Al Yousifi
Krystal Foster
Kuwait Finance House
Kuwait Foundation for the Advancement of Sciences
Kuwait International Bank
Laith Bedri
LuLu Hyper Market
Maha Al-Jallal
Mariam Al-Jarallah and Team
Mary Dempsey
McDonald's Kuwait
Mohamed Behbehani
Mohammed Motaab
Mona Al-Sayer
Muneera Ali
Nadia Al-Bahar
New English School
Omniaty
Oneness Organization
Ooredoo
Ooredoo Riders Group
Rabia El-Essa
Reborn Academy
Renee Bester
Riva Fashion
Sabah Al Ahmad Center for Giftedness and Creativity
Sabeeha Al-Asfour
Sama Group
Samah Ahmad Mostafa Kalash
Samira Al-Essa
Sara Buhamra
Shafiq Al Mutawa
Shareefa Al-Othman
Sheikha Fatima Al-Sabah
Sheraton
Sherifa Al-Sayer
Shrouq Al-Asfour
Solo Pizza
Spread the Passion
Spring Flows Market
Sundus Hussain
The English School
The Higher Institute of Telecommunication & Navigation, English Department
The Sultan Center
Um Mohamed
United States Army-Camp Arifjan
Warba Bank
Zain
Zainab Al Naki
...and many anonymous donors...



BACCH DONORS

Our gracious thanks to the following individuals and organisations for supporting BACCH in 2019.

Kuwait Foundation For The Advancement Of Sciences
 A H AL Sager & Bros
 Abdul Latif Al-Abdul Razzak & Partner Gen. Trad. & Cont. Co.
 Abdullah Al Mousawi
 Abdullah Mijbel Al Najar
 Abdullah Mubarak
 Abdullah Saleem Mohammad AlAdasani
 AbdulRazzak Hamid Ali
 Abdulwahab Al Nafisi
 Adelah Mohammad Abdulrahman Al Baher
 Afaf Mohammad Al Baher
 Ahmad Al Sawah - New English School
 Aisha Mohammad Saleh Abdulwahab Aladsani
 Al Bayan International School
 Al Hayat Universal Bilingual School
 Al Mojil Druf Company
 Albert Yammin
 AlJeel Al Jadeed Educational Est Co
 AlTuffaha Regional General Trading
 Aman Ali al Tayeb
 Amer Ali Mishari Hilal Al Mutairi
 American International School AIS
 Athoob AlAbdaly
 BACCH Staff
 Bader Al Abbad
 Bader Mostafa Al Mashmouh
 Barakat Food For Foodstuff-Phoenician Riders
 BASTA NGO
 Binyameen Amanuel Binyameen Ghareeb
 British Ladies Society
 Build a Bear
 Cambridge English School
 Cambridge English School Hawally
 Canadian Military Group
 Dahan General Trading & Contracting co-Phoenician Riders
 Dalal Al Foraih
 Dana Al Fulajj
 Dr Bader
 Dr Nayef Falah Al Hajraf
 Duha Mohammed Abdulwahab AlRamadan
 Fajer Tareq Jaafar
 Fajer Tareq Jaafar Al Wazzan
 Fatema Abdulaziz Faisal Al Thuwaini
 Fatemah Eissa Abdullah Bin Nekhi
 Fatemah Raheem AlOtaihi
 Fatima Abdullah Hamad Abu Rabee
 Fawzia Al Nafisi
 Fawzia Saoud ALessa
 Fawziya bou Khamseen
 Fayez Al Assaad
 Future Baby Nursery
 Habchi & Chalhouh
 Hamad AlMayeef
 Hanan Mohammad AbdulRahman Al Baher
 Heirs of The Late Ezzat Mohammad Jaafar
 Helen Asfour
 Hilal Mishari AlMutairi
 Hussein Al Aryan
 Hussein Al Enizi
 Ibtisam Al Bassam
 Iman Saleh
 In the memory of Abdulwahab Abdulaziz AlGhanim
 Initialed Co for General trading
 International Women group-Kuwait

Kidzania
 KPMG Kuwait
 Kuwait Fund for Arab Economic development
 Kuwait Hummer Club(Saleh El Haddad)
 Kuwait Mustang
 Laila Al Mutairi
 Laila Fahd AbdulAziz al Nafisi
 Lamya Mohammed Aahmed Al Roumi
 Loulwa Khaled AlZaid Al Khaled
 Maali Humood Youssef AlNusif
 Maha Al Ghanim
 Margaret Al Sayer
 Mashael Ali Al Mutairi
 Maya Atallah
 Ministry of Public works staff
 Mohammad AbdulMajeed Behbehani
 Mohammad Hajjaj Al Mutairi
 Morjan Humood
 Muneera Hamad Mohammad Al Nafisi
 Nada Zaben Youssef AlZaben
 Nadia Mohamed Abdulrahman AlBahar
 Najat Al Marzouq
 Najlaa Yaqoub Youssef AlHumaidi- Kuwait Reggio Center
 Est
 National Bank of Kuwait
 Nawaf Hussain Marafi
 Nawal Shamlan
 New English Private School
 Nicole Zina
 Nissan (Kuwait)
 Phonician Riders
 Rasha Al Hamad
 Rasha Mishary Khaled Al Zaid Al Khalid
 Reham Jalal
 Sabah Al Fouzan
 Saleemah Al Thuwaini
 Sama Hani Karroun Family
 Sarah Youssef Al Sabah
 Shaymaa Hameed ALAwadi
 Sheikha Omiya Al Sabah
 Sheraton Hotel Kuwait
 Shrooq Abdulrazzak Jasem AlGhanim
 Shuwaiheena Shaher Baddah Al Mutairi
 Sindus Hamza Hussain
 SK. Nadia Al Bahar
 Super Drive Club
 Taiba Hamad Mohammad Al Nafisi
 Tala Al Dabbous
 Tamer Al Shawa
 Tareq Fahad Faleh Almusaireea
 Tariq AlSamerraie
 The british School of Kuwait
 Thilth Abdulaziz Hamad Al Sagar
 Trampo extreme
 Trolley Convenient Store
 Wafra Intervest Corporation
 Yacoub Al Qattani
 Youssef Saleh Al Othman
 Zahoor Hussein-Al Ahli Bank
 Zainab Abdullah & Hessa Al Basri
 ...and many anonymous donors...



WHEN I
GROW UP
I WANT
TO BE

DOCTOR

ARTIST

CHEF

TEACHER

CLOWN

ENGINEER

Ballerina

HAPPY



BAYT ABDULLAH CHILDREN'S HOSPICE

This year we have expanded our day care sessions to include drop ins – where families can just walk into day care for play, afternoon and weekend hours which was positively welcomed by families. As this responds to their individual needs and their schedules of managing their children's time with school and activities. Giving us a marked increase in children and family visits. In addition to continuing to add to our referral stream from various disease groups by having families self-refer.

November 2019, saw the wonderful celebration of KACCH's 30th year anniversary, this was held at Bayt Abdullah by utilizing multiple external and indoor areas allowing children and families to enjoy a full programme of play, activities and refreshments.

December 2019 saw the rejoining of Dr Emma Al-Khabbaz after the completion of her two year Paediatric Palliative Fellowship at Great Ormond Street Hospital (GOSH) through the sponsorship of The Kuwait Institute for Medical Specializations (KIMS).

To illustrate the impact of our services on children and families, we would like to present a case study of one of our children from our caseload. This as always cannot be achieved without the partnership with our families to help improve their quality of life and support them through their journey.



Hiba's Story:

(Name of the child has been changed to provide anonymity but consent has been gained from parent to share their story).

Hiba is an -11 year-old girl with a very rare condition called Moyamoya disease. This condition consists of repeated cerebral (brain) strokes. As a consequence of the strokes she now has generalized spasticity, blindness and disturbed consciousness. When Hiba was referred to BACCH she was in a vegetative state and had been in hospital for many months. Hiba has a very supportive loving family consisting of mum, dad and 2 siblings but they were terrified of bringing her home due to not understanding her condition and not having the skillset to properly care for her.

How did BACCH support this family?

BACCH commenced a multidisciplinary palliative care plan whilst she was in hospital to plan her discharge to home. This was completed in conjunction with her family and the primary hospital team, BACCH doctors, nurses, physiotherapist and dietician. A detailed Symptom Management Plan was completed in addition to discussing an Advanced Care Plan with the family. This was important as it was also an opportunity for parents to ask questions about their fears and what should they do in an emergency situation.

BACCH supplied all the required medications and consumables and our nurses completed a home risk assessment prior to her discharge which highlighted any concerns or equipment needs within the home environment. Discharge from hospital was planned successfully and Hiba arrived home with the support of a BACCH doctor and nurse who met her on arrival. We continued to support the family at home with daily home visits by a nurse and/or doctor for the first two weeks until the family was comfortable with Hiba's care.

All her services continued at home such as Music Therapy; initially, there was minimal response, but Hiba gradually began to improve in her ability to interact and respond to her environment. Through music therapy, the family have become more involved in Hiba's care. They engage in music therapy together. Music therapy has given the siblings a place where they are able to share their day, their favourite songs and create happy memories and communicate with their sister.

Additionally, the BACCH Physiotherapist identified some key areas to work on in conjunction with Hiba's family to support her care and daily routines. She can now have her nappy changed without any pain or discomfort. She can now tolerate some movement and sit up for a few hours a day to better interact with her family members.

In October of 2019, the parents were able to spend a week on holiday abroad with Hiba's siblings, safe in the knowledge that Hiba was enjoying a respite holiday of her own, being cared for by the BACCH team in Bayt Abdullah Children's Hospice.

All of the family have expressed their thanks and below is part of an email sent to BACCH:

"I just want to thank you and all the staff working in BACCH for taking care of H--- during my travel to Egypt. BACCH is not just a palliative care center, no it is part of God's heaven placed on earth and all the workers are the angels who Sent by God to help and support us. Everyone in BACCH is doing his best to help us to overcome our sadness troubles with our kids. And really they all did their work with love. The best thing in BACCH is the lovely smile that I always see on all the staff face. Thank you all for your efforts and your support for us and for our kids. And Thanks God for having a place like BACCH in Kuwait which I think it is the best palliative center in Middle East."

Without the support and generosity of our donors and supporters we could not have supported Hiba and her family and other children and families like her.

I would like to thank and extend our sincerest appreciation, to those donors who have supported us with their donations, resources and time; we could not have achieved our objectives to support those children and families in need. Thank you too, to the many sponsors who have supported us throughout 2019 by funding wonderful activities at Bayt Abdullah on a regular basis. This collaboration is what our families see as the community's willing engagement to be a part of the life of our children and families. Every moment is precious, and with your support, we can make sure that we give our children and their families the best quality of life possible.

Rasha A. Al-Hamad
CEO



OUR VALUES

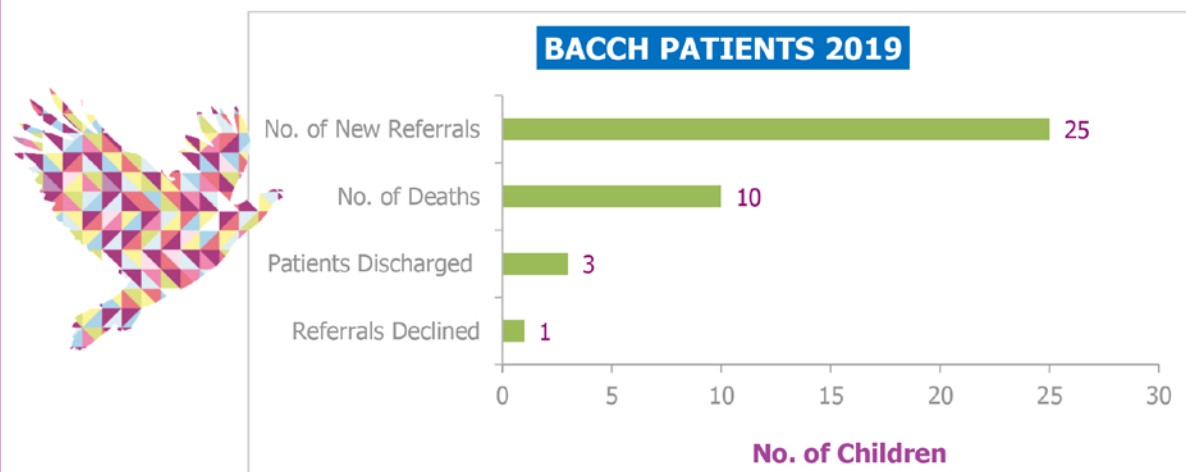
- We believe the **protection and safety** of every child at **BACCH** is paramount.
- We deliver **child friendly, responsive** and **individualised care, advocating** for the child.
- We are passionate about promoting **quality of life** in general and **quality at the end of life** in particular.
- We ensure **compassion; respect, dignity** and **confidentiality** are always a top priority.
- We work with **integrity, collaborating** with our community to **provide excellent, holistic care.**
- We **embrace** and **support change, flexing** and **adapting** to changing needs.
- We work **effectively** and **efficiently** as a team, **adapting** to need and the **voices of children** and families.
- We promote **continuous learning** and value the **skills and commitment** of our employees and volunteers.

BACCH Operational data for 2019



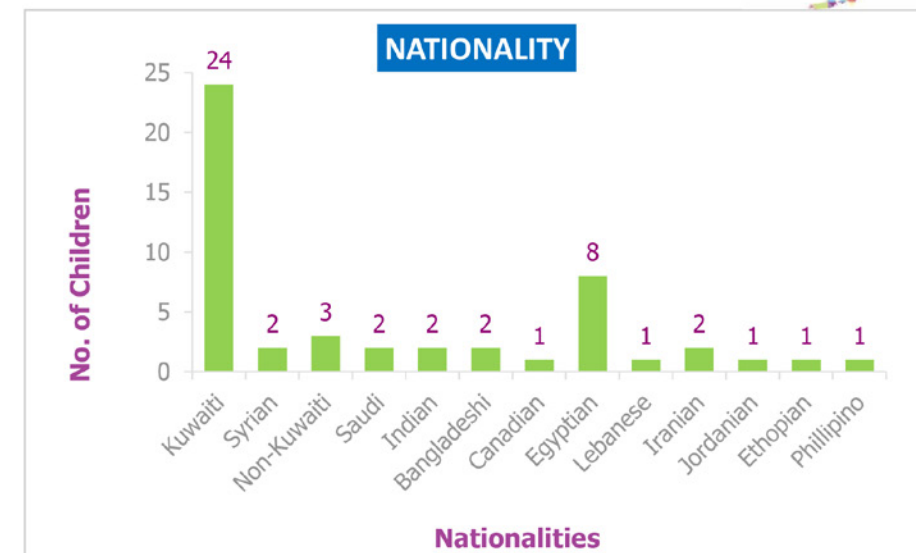
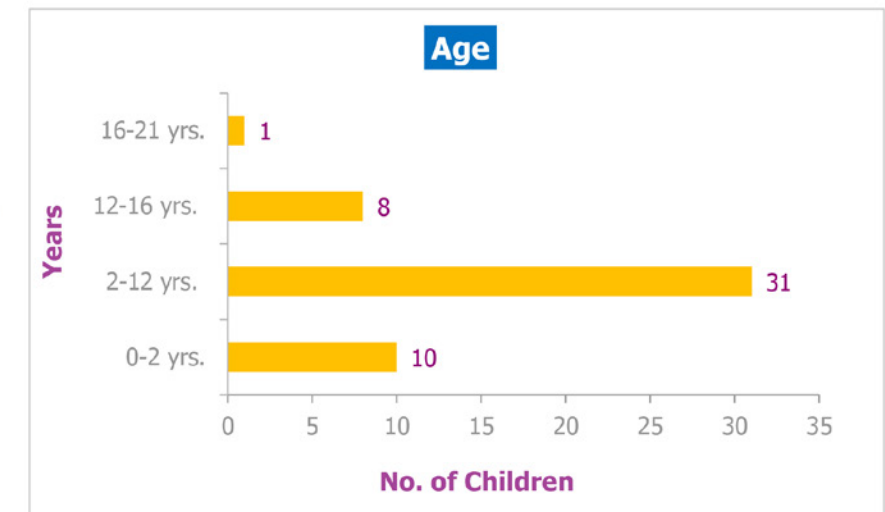
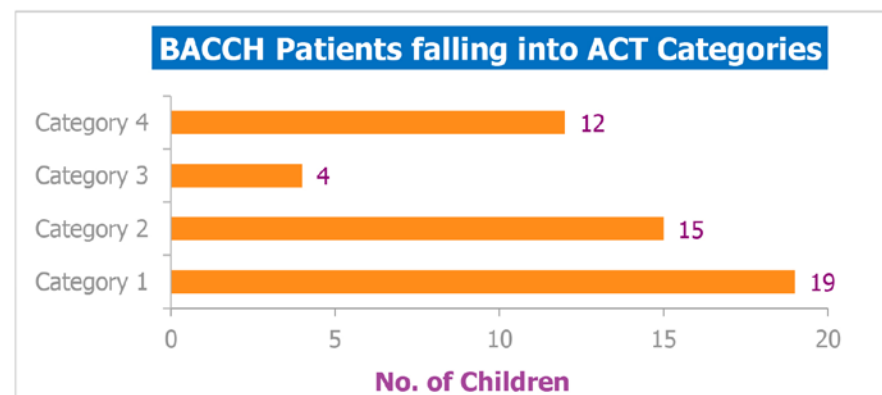
From January 2019 to December 2019, we have had **50 patients** on our case load offering our services to **218 family members** (parents and siblings) and **supporting 119 siblings**.

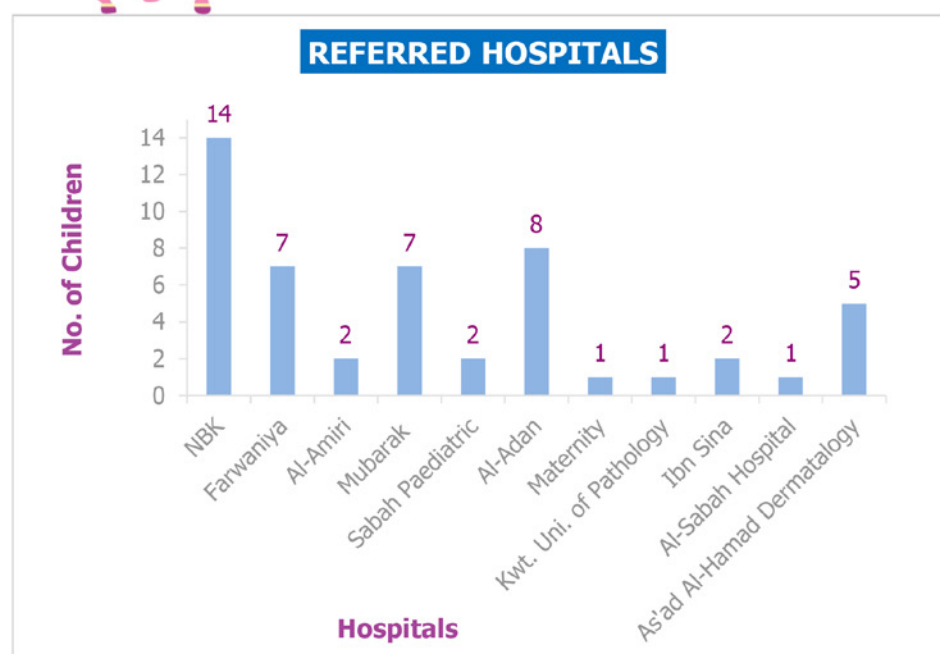
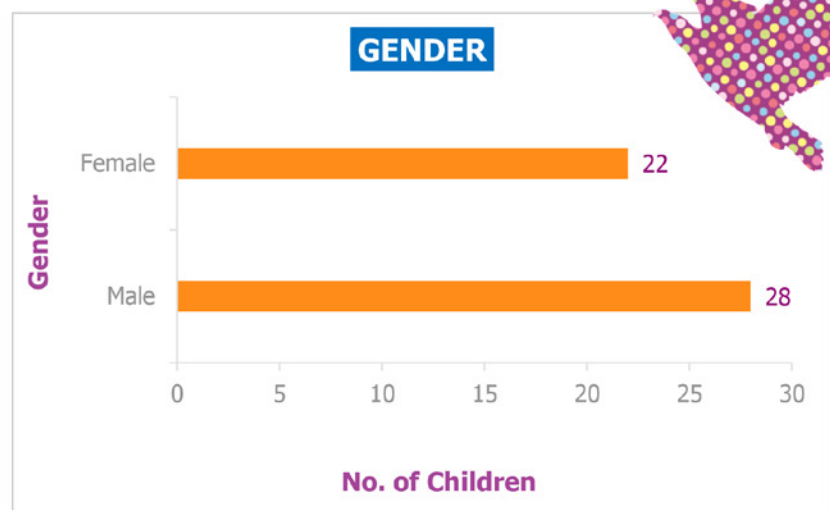
The following is a summary of BACCH's Patient Data for the year 2019:



Association for Children's Palliative Care (ACT) Categories of Life Limiting and Life Threatening Conditions

- Category 1 Life-threatening conditions for which curative treatment may be feasible but can fail.
- Category 2 Conditions where premature death is inevitable.
- Category 3 Progressive conditions without curative treatment options.
- Category 4 Irreversible but non-progressive conditions causing severe disability, leading to susceptibility to health complications and likelihood of premature death.





FINANCIAL REPORTS

Statement of Income and Expenditure - KACCH

	Year Ended Dec 31, 2019	Year Ended Dec 31, 2018
Income		
Sponsorship	641,000	464,000
Donations	13,036	6,480
Interest and Investment Income	8,922	4,499
Total	662,957	474,979
Expenditure		
Salaries and Related Costs	282,815	279,474
Miscellaneous	10,041	10,869
Total	292,856	290,343
Net Income	370,101	184,636
Surplus at the Beginning of the year	317,979	133,343
Surplus at the end of the year	688,081	317,979

Statement of Income and Expenditure - BACCH

	Year Ended Dec 31, 2019	Year Ended Dec 31, 2018
Income		
Donations	1,199,124	1,009,097
From Sales of Pins	415	293
Interest and Investment Income	68,075	37,676
Total	1,267,614	1,047,065
Expenditure		
Salaries and Related Costs	631,078	606,494
Operating Costs	272,136	286,984
Equipment Costs	3,323	40,450
Total	906,537	933,928
Net Income	361,077	113,137
Surplus at the Beginning of the year	3,837,461	3,724,324
Surplus at the end of the year	4,198,538	3,837,461

Balance Sheet for KACCH & BACCH

	Year Ended Dec 31, 2019	Year Ended Dec 31, 2018
Assets		
Cash and Bank Balances	2,024,728	1,332,127
Fixed Deposits	558,497	552,402
Investment in Managed Funds	2,689,843	2,634,673
Total Assets	5,273,068	4,519,202
Provision End of Service Indemnity	250,182	228,083
Other Payables	25,264	24,676
Total	4,997,622	4,266,443
Represented by		
Capital	111,000	111,000
Retained Surplus	4,886,622	4,155,443
Total	4,997,622	4,266,443





THANK YOU!

KACCH is especially grateful to

Kuwait Foundation for the Advancement of Sciences (KFAS)
for their annual donation for Bayt Abdullah Children's Hospice.



Mr Souham El Harati for his legal counsel and expertise
for KACCH and Bayt Abdullah.

Mr Anwar Y Al Qatami and Grant Thornton, Al Qatami, Al Aiban & Partners
for their annual auditing of KACCH and Bayt Abdullah's accounts.



Mr Khaled H Al Mutairi and Al Jarida
for publishing the KACCH Annual Report every year.





الجمعية الكويتية لرعاية الأطفال في المستشفى
Kuwait Association for the Care of Children in Hospital