

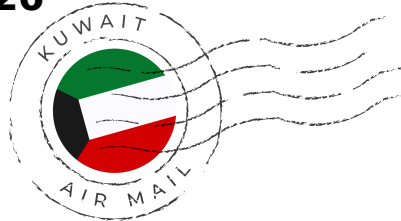


Care & Community

KACCH & BACCH NEWSLETTER
Issue 7 - August 2026

Editor's Note

Dedicated to Kuwait 🇰🇼



This edition of Care & Community is dedicated to Kuwait - our home - and to all those who stood in service of its safety and its people during a time of uncertainty.

We remember with deepest respect those who lost their lives in the line of duty, and extend our heartfelt gratitude to the National Guard, armed forces, security services, healthcare professionals, emergency responders, and everyone who worked tirelessly to protect and care for our community.

Their courage, service, and sacrifice remind us of the strength that comes from standing together.

May Kuwait always remain safe, strong, and united.

رحم الله شهداء الكويت وحفظ الكويت وأهلها من كل مكروه 🇰🇼

Warm regards,

The Community Engagement & Volunteering Department



Superhero Health Squad

Read the latest news about our clinical team, their major highlights and activities

Caring for Kuwait Through Preparedness, Partnership & Progress 🇰🇼

Continued Contribution to International Research

We are proud that members of our team, Dr. Spandana Rayala, Pediatric Palliative Specialist, and Dr. Tala Al Dabbous, CEO & Director of Clinical Services, contributed to the translation from Italian to English and validation of the Pediatric Complex Care Needs Assessment Scale (ACCAPED), originally developed by a group of pediatric palliative care experts in Italy, a tool designed to support the earlier identification of children with complex care needs, alongside colleagues and partners from across the region



READ MORE



DOWNLOAD

In response to recent regional developments, our medical team has collaborated to create this guide aimed at assisting families who care for children with complex medical needs. Having a straightforward emergency plan is crucial to ensure the continuity of care during unforeseen situations.

A MILESTONE WORTH CELEBRATING

We celebrate Dr. Tala Al-Dabbous, CEO & Director of Clinical Services, for earning her PhD in Palliative Care from Lancaster University, becoming the first Kuwaiti and Gulf national to do so. **Her research focused on parents' experiences of feeding their terminally ill child, emphasizing the emotional and cultural significance of feeding.** This work offers valuable insights for healthcare professionals in improving pediatric palliative care support for children and their families.



DOWNLOAD

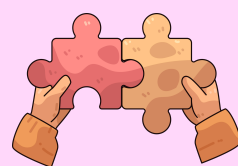
Strengthening Wound Care Through Collaboration

Bayt Abdullah's Wound Care Team collaborated with the Pressure Injury Department at Jaber Hospital, led by Dr. Salma Al Kharebeet, Diabetic Foot and Wound Surgeon, to review and enhance our wound care guidelines. Partnerships with Ministry of Health experts are essential in helping us continuously strengthen our clinical practices and deliver the highest standard of care.

We are also delighted to welcome Dr. Salma as a member of our Epidermolysis Bullosa (EB) Multidisciplinary Team (MDT). Her expertise enables our patients to receive timely specialist consultations within Bayt Abdullah, reducing the need for lengthy referral and appointment processes and ensuring more coordinated, accessible care for children living with EB.

Supporting National Healthcare Standards

In May, Dr. Faten Awadh, Pediatric Consultant at Bayt Abdullah, proudly contributed to the Ministry of Health's Pressure Injury Prevention Guide, reflecting our ongoing commitment to improving healthcare beyond our own walls.



Ready to Care, No Matter the Circumstances

To ensure the continued safety of everyone at Bayt Abdullah, our Medical Director, Dr. Aminah Al-Ansari, and clinical team led an evacuation training exercise and updated our emergency evacuation plan, reinforcing our commitment to preparedness during times of uncertainty.



Superhero Health Squad

Read the latest news about our clinical team, their major highlights and activities



Standing Tall: Rayan's Journey

By Dr Reham Jalal, Head of Physiotherapy

Sometimes, the biggest victories come in just a few seconds.

When Rayan first joined our Physiotherapy Department, he faced significant developmental challenges that affected his mobility and independence. Our physiotherapy team developed a personalized treatment program focusing on building his strength, balance, postural control, and standing skills, while empowering his family with the knowledge and tools to continue therapeutic activities at home. Their dedication and active involvement played a vital role in his progress. Months of determination, teamwork, and consistent therapy led to an incredible milestone, Rayan can now stand independently for five seconds.

Those five seconds represent far more than standing. They reflect resilience, hope, and the powerful impact of individualized care, early intervention, and family partnership. At Bayt Abdullah, we celebrate every milestone, knowing that each one brings a child one step closer to greater independence and participation in everyday life.

"Every step forward is a success worth celebrating."





Heart & Mind Harmonies

Read about our psychosocial team and their latest in 9 different locations in Kuwait!



Building the Future of Child Life in Kuwait



Led by our Psychosocial Department, we proudly launched the Child Life Practicum Program, one of the first initiatives of its kind in the Middle East. The program supports our Play Leaders as they progress toward becoming Certified Child Life Specialists through structured clinical training and mentorship. This investment reflects our commitment to building local capacity and advancing the Child Life profession in Kuwait.



SUMMER

Summer Camp June 2026: Exploring Feelings

This year's Summer Camp embraced the theme "Feelings," creating a safe and joyful space for children to explore, understand, and express their emotions through play, creativity, friendship, and shared experiences. Across two weeks, children enjoyed a variety of engaging activities designed to build confidence, encourage self-expression, and strengthen meaningful connections. The camp concluded with a memorable visit to the scientific centre. **Our sincere thanks to Noor Investment** for generously sponsoring this year's Summer Camp and helping make these enriching experiences possible for the children and families we serve.



Team's Participation in
 بالعربي أحلى
 Festival in
 Symphony Mall
 - July 2026



Team's Participation in
 Safer Summer
 in Al-Amiri
 Hospital - July
 2026



3 Children Highlights

A Special Birthday Celebration

Ascia celebrated her birthday with her favorite volunteer, Samah, who organized a very specoal celebration just for her.

She also enjoyed a fun candle-making activity with her sister, Jouri, making the day even more memorable.

A special thank you to Samah for puting together such a joyful and meaningful celebration for Ascia and her family.



We are incredibly proud of Abdullah for ranking among the top 10 achievers in high school special education in Kuwait. Abdullah aspires to pursue his studies in Cyber Security, and we couldn't be more proud of him. Wishing him all the best in his future endeavors!



Who says hospital walls can hold back a star in the making?!

Alya loves to channel her inner TV host. In a playful role-playing session, she grabbed the mic, took on the host role, and interviewed a volunteer as her VIP guest, soaking up the spotlight and having a blast! You go Alya!



Abdullah has big plans!



His wish? That as soon as his cast comes off, he'll get back on his feet, become a famous football player one day, and meet Mbappé and Ronaldo.

So while he waits, we thought we'd bring two of his football heroes to him a little early... with a little help from AI. Our team brought another part of his dream to life through a personalized coloring book inspired by his story and love of football.



Think you're good at Connect 4? Meet Hamza!



4 Community & Events

This section highlights a few of our events, visits, and collaborations that took place over the past few months

Starting the year on a great note

We started the year with exciting outings for our children and families, including a visit to Al-Ahmadi Oasis, organized by KPC Land, followed by a fun-filled trip to Dabdoob World and other memorable experiences.

Back at Bayt Abdullah, our children and families enjoyed an exciting exotic car event, with the chance to explore the cars and enjoy short rides. We were also delighted to celebrate Kuwait's National Day season together with the generous support of Alghanim Industries.



Lilo & Stitch 2

This January, thanks to our wonderful volunteers, Hussien and Shadan, our children enjoyed a fun movie night watching Lilo & Stitch 2, complete with homemade smoothies, soup, and plenty of treats from AM:PM Market!



Happy Father's Day

In June, we were delighted to bring our children and families together at Bayt Abdullah to celebrate the wonderful fathers in their lives. A heartfelt thank you to Gulf Bank for supporting this special day and helping us create joyful family memories.



Eid Al-Adha

After a brief pause caused by regional circumstances, our first event back was a special celebration for Eid Al-Adha in collaboration with Al-Hafiz Trading Co. During this event, our children had a wonderful time participating in various DIY projects and entertainment activities.



Bu Jarrah in Bayt Abdullah

This May, our children were thrilled to welcome Bu Jarrah, well-known social activist and community volunteer, to Bayt Abdullah. Known for his humanitarian and community initiatives across Kuwait, he brought plenty of smiles, entertainment, and special gifts for our children, making it a memorable visit for everyone.



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5 Volunteer Spotlights

Mid Year Get Together

In July, our volunteers came together for a fun Potluck Gathering, bringing along favorite dishes to share and plenty of good energy! It was a wonderful opportunity to connect beyond volunteering, celebrate the friendships built along the way, and simply enjoy good food and great company. A big thank you to everyone who joined and made the gathering so special!



We couldn't do it without the incredible support of our volunteers! Behind every successful event are helping hands working to make it special. Here, our volunteers are busy preparing DIY materials for our children during our July Summertime Event.

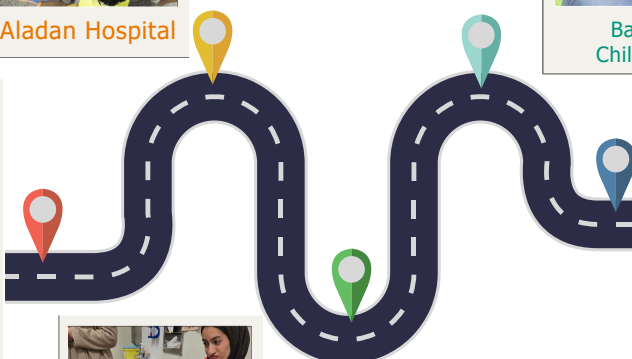
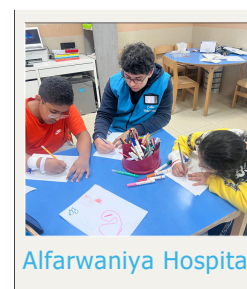
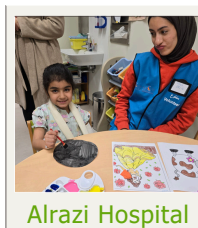
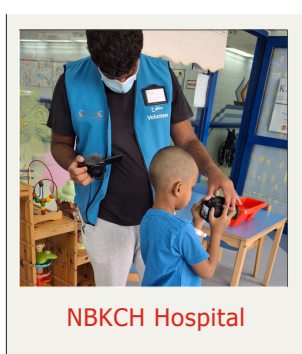
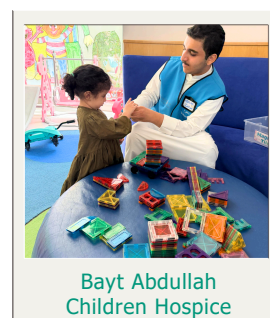
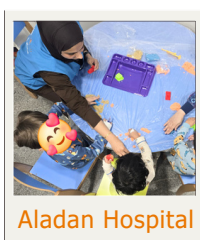


Who Runs the World? Our Volunteers!

This time, we're giving a special shoutout to the guys! 🙌



One Mission, Many Stops



6 Inside the Action

Meet our team

HELLO MY NAME IS

Dr Osama Ahmad
 Paediatric Registrar



Please describe your role and responsibilities within the organisation.

I work as a Paediatric Registrar, providing medical care to children with a wide range of acute and chronic conditions. My responsibilities include assessing patients, developing and reviewing management plans, responding to clinical emergencies, communicating with families, and working closely with the multidisciplinary team to provide safe, compassionate, and high-quality care.

What's the most rewarding part of your job?

The most rewarding part of being a paediatrician is seeing a child improve his Quality of life. Building a trusting relationship with children and their families and knowing that I have contributed to their wellbeing is incredibly fulfilling.

What do you find most challenging in your role, and how do you overcome it?

Working in paediatrics can be challenging because children may not always be able to clearly express what they are feeling, and every child responds differently to illness. I overcome this by listening carefully, observing closely, communicating with families, and learning continuously from my colleagues and from every clinical experience.

When you're not at work, what are your favourite hobbies or activities?

When I'm not at work, I enjoy spending time with my family, travelling, exploring new places, and enjoying good food.

Share something with us that not so many people know about you.

Something people may not know about me is that I really enjoy learning about people and different cultures. I like cars and to enjoy driving different types of cars.

Share a favourite quote or motto that you live by.

"Wherever the art of medicine is loved, there is also a love of humanity." I believe that being a good doctor is not only about knowledge and clinical skills, but also about empathy, kindness, and treating every child and family with dignity and respect.

HELLO MY NAME IS

Arwa Al-Sheakh Ali
 Certified Child Life Specialist



Please describe your role and responsibilities within the organisation.

I am a Certified Child Life Specialist and Team Lead for Child Life Services at Jaber Al-Ahmad Hospital. My role involves supporting children and families throughout their healthcare journey through preparation, procedural support, therapeutic play and emotional support. I also work closely with the multidisciplinary team to advocate for the psychosocial and developmental needs of children and their families.

What's the most rewarding part of your job?

The most rewarding part is seeing the difference our support can make to a child and their family. Seeing a frightened child become more confident, a parent feel reassured, or simply seeing a child smile during a difficult time makes the work incredibly meaningful and reminds me why I do what I do.

What do you find most challenging in your role, and how do you overcome it?

Supporting children and families through difficult circumstances can be emotionally challenging. I try to focus on what I can do in that moment, whether that's helping a child feel safe, giving them some control, creating moments of normality, or simply being present. Having a supportive team also makes a huge difference, thank you to my team at Jaber hospital!

When you're not at work, what are your favourite hobbies or activities?

Most of my time outside work is spent with my family, especially my little girl. I also love travelling, trying new restaurants and cafés, and, pilates and yoga classes.

Share something with us that not so many people know about you.

I don't have a favourite colour. I've never been able to choose just one! I also have trypophobia, so clusters of tiny holes and honeycomb patterns are definitely not for me!

Share a favourite quote or motto that you live by.

"Never underestimate the impact you can have on someone's day."

7 Join Our Mission: Make a Difference Today!

At KACCH & BACCH, we believe in the power of community and compassion. Together, we can make a lasting impact on the lives of children and families facing challenging medical journeys. We invite you to join our mission by supporting our organization.

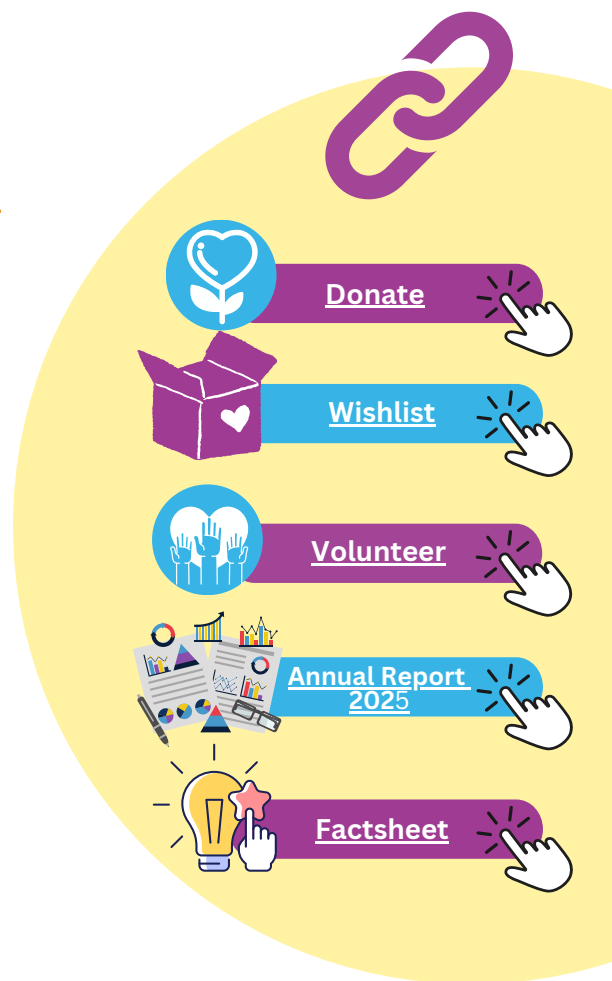
Here are a few ways you can get involved:

Donate: Your generous contributions help us provide essential care and support to our children. Every donation, no matter the size, makes a difference.

Volunteer: Join our dedicated team of volunteers and directly impact the lives of children and their families. Your time and skills are a precious gift.

Spread Awareness: Share our mission and stories on social media. By raising awareness, you help us reach more families in need.

Together, we can make a difference in the healthcare experience for our children in Kuwait.



info@kacch.org
+965 22276990



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@kacchbacch



@kacchbacch



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